



	Monday 11/3/25	Tuesday 11/4/25	Wednesday 11/5/25	Thursday 11/6/25	Friday 11/7/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEESE TOAST MIXED BERRIES *MILK	ENGLISH MUFFIN PEARS *MILK	CHICKEN BISCUIT CRUSHED PINEAPPLES *MILK	MULTIGRAIN CHEERIOS BLACKBERRIES *MILK	APPLE PUMPKIN OATMEAL BANANA *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	TRAIL MIX-MIX UP CHEX CEREAL BANANA SMOOTHIE	GRILLED CHEESE SANDWICH SLICED TOMATOES	PUMPKIN BREAD 100% APPLE JUICE	MINI WAFFLE RASPBERRIES	BOILED EGG HALVES TRISCUIT CRACKERS
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<b>NATIONAL SANDWICH DAY</b> CHICKEN FILET SANDWICH MULTI GRAIN BUN FRUIT COCKTAIL SWEET PEAS *MILK	FISH STICKS MINI ROLL GRAPES MIXED VEGETABLES *MILK	HAM & CHEESE SLIDERS HAWAIIAN ROLL PEACHES GREEN BEANS *MILK	<b>NATIONAL NACHOS DAY</b> SHREDDED CHICKEN WHOLE GRAIN NACHOS BLUEBERRIES CORN SALSA *MILK	SALISBURY STEAK BROWN RICE ORANGES ROASTED ZUCCHINI *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MINI FRUIT PIZZA MINI BAGEL STRAWBERRIES	FRUIT & NUT BUTTER PITA POCKET PITA ROUNDS PEANUT/ALMOD/SUN BUTTER APPLE SLICES	PRETZELS YOGURT DIP	VEGAN BEAN CHILI SALTINE CRACKERS	FISH SWIMMING IN SOUP GOLDFISH TOMATO BISQUE SOUP
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND TURKEY SPAGHETTI SPAGHETTI ORANGES TOSSED SALAD * MILK	SHRIMP FRIED RICE FRIED RICE PINEAPPLES STEAMED BROCCOLI * MILK	BEEF MEATBALL SUB HOAGIE ROLL FRUIT SALAD TATER TOTS * MILK	CHEESEY CHEESEBURGER HAMBURGER BUN APRICOTS SWEET POTATOES * MILK	TUNA & NOODLE BAKE ELBOW NOODLES PEARS SWEET PEAS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	COTTAGE CHEESE PEACHES	ANIMAL CRACKERS CUCUMBER SLICES	GRAHAM CRACKERS BABY CARROTS	CHEESE CRACKERS 100% GRAPE JUICE	MINI BAGEL DICED PLUMS
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 11/10/25	Tuesday 11/11/25	Wednesday 11/12/25	Thursday 11/13/25	Friday 11/14/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRITS SLICED PLUMS *MILK	WAFFLE STICKS HONEYDEW MELON *MILK	MULTI GRAIN CHEERIOS BANANA *MILK	MINI BAGEL PEARS *MILK	MULTIGRAIN CHEX WARM APRICOTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MINI CROISSANT CANTALOUPE CHUNKS  WATER	OYSTER CRACKERS VEGETABLE SOUP  WATER	ENGLISH MUFFIN ORANGE WEDGES  WATER	ZUCCHINI BANANA MUFFINS 100% APPLE JUICE	ANIMAL CRACKERS PAPAYA  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY TUNA SUB ROLL PEARS GREEN BEANS *MILK	BEEF STIR FRY LO MEIN NOODLES RED APPLES GARLIC BROCCOLI *MILK	National Pizza with Everything Day HOMEMADE 3 CHEESE PIZZA WHEAT PIZZA CRUST PINEAPPLE TIDBITS PEAS & CARROTS * MILK	SUNNY LEMON CHICKEN RICE PILAF CANTALOUPE KALE SALAD *MILK	BREAKFAST FOR LUNCH SAUSAGE PATTIES PANCAKES HASHBROWNS STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	PRETZELS KIWI  WATER	SUNCHIPS CINNAMON APPLESAUCE  WATER	SUGAR SNAP PEAS YOGURT DIP  WATER	RITZ CRACKERS ROASTED CAULIFLOWER  WATER	GROUND CHICKEN W/ LETTUCE WRAP GREEN LEAF LETTUCE GROUND CHICKEN WATER CHESTNUTS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	PHILLY CHEESE STEAK SUB ROLL FRUIT COCKTAIL BAKED FRENCH FRIES *MILK	TURKEY BURGER MULTI GRAIN BUN RASPBERRIES CORN ON THE COB * MILK	FISH STICKS WHOLE WHEAT ROLL PINEAPPLE STICKS ASPARAGUS * MILK	HOME MADE XTRA CHEESE RAVIOLI RAVIOLI PEARS MIXED VEGETABLES *MILK	BAKED CHICKEN LEG BROWN RICE PEACHES OKRA * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CRUNCHY ANTS ON A LOG WOW/SOY/PEANUT BUTTER CELERY RAISINS WATER	FRUIT & VEGGIE CUPS CUCUMBER STICKS WATERMELON STICKS WATER	SESAME STICKS CHEDDAR CHEESE CUBES WATER	PITA CHIPS SAVORY HUMMUS WATER	SALTINE CRACKERS SPLIT PEA SOUP WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 11/17/25	Tuesday 11/18/25	Wednesday 11/19/25	Thursday 11/20/25	Friday 11/21/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BAGEL BAKED APPLES *MILK  <input type="checkbox"/> Whole Grain	OATMEAL MUFFIN GRILLED PEACHES *MILK  <input type="checkbox"/> Whole Grain	PANCAKES RASPBERRIES *MILK  <input type="checkbox"/> Whole Grain	GRITS BANANA *MILK  <input type="checkbox"/> Whole Grain	CHEERIOS STRAWBERRIES *MILK  <input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SPINACH & TOMATO OMELET PEARS WATER  <input type="checkbox"/> Whole Grain	ENGLISH MUFFIN TROPICAL FRUIT SALAD WATER  <input type="checkbox"/> Whole Grain	CHEESE TOAST TATER TOTS WATER  <input type="checkbox"/> Whole Grain	MINI PANCAKES ORANGES WATER  <input type="checkbox"/> Whole Grain	LOWFAT YOGURT GRANOLA OATS APRICOTS WATER  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE PANINI PANINI KIWI ROASTED SQUASH *MILK  <input type="checkbox"/> Whole Grain	TACO TUESDAY BEEF AND CHEESE TACO SOFT TACO PLUMS GREEN/RED SWEET PEPPERS *MILK  <input type="checkbox"/> Whole Grain	GRILLED CHICKEN TENDERS WHEAT ROLL BLUEBERRIES GREEN BEANS * MILK  <input type="checkbox"/> Whole Grain	POPCORN CHICKEN FRIED RICE PINEAPPLE RINGS STIR FRY VEGGIES *MILK  <input type="checkbox"/> Whole Grain	XTRA CHEESE VEGGIE FLATBREAD FLATBREAD SWEET PEPPERS SWEET CORN *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	BANANA SUSHI ROLL PEANUT/SOY BUTTER/NUT BUTTER TORTILLA BANANA WATER  <input type="checkbox"/> Whole Grain	ANIMAL CRACKERS CANTALOUPE WATER  <input type="checkbox"/> Whole Grain	MULTIGRAIN CRACKERS SAVORY TUNA WATER  <input type="checkbox"/> Whole Grain	<u>QUESADILLA &amp; CILANTO</u> YOGURT DIP RECIPE LINK VEGGIE QUESADILLA CILANTRO YOGURT DIP (RECIPE IN LINK) WATER  <input type="checkbox"/> Whole Grain	PRETZEL STICKS PEAR SLICES WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SALISBURY STEAK WHITE RICE W/ GRAVY APRICOT HALVES ROASTED ZUCCHINI *MILK  <input type="checkbox"/> Whole Grain	GARLIC SHRIMP BUTTERED NOODLES PINEAPPLE CHUNKS STEAMED BROCCOLI * MILK  <input type="checkbox"/> Whole Grain	BURRITO BOWL BLACK BEANS BROWN RICE FRUIT COCKTAIL HOMEMADE PICO DE GALLO * MILK  <input type="checkbox"/> Whole Grain	GRILLED CHEESE SANDWICH WHEAT BREAD TOMATO SOUP SAUTEED SPINACH *MILK  <input type="checkbox"/> Whole Grain	FISH STICKS MINI ROLL GROOVY GRAPES BAKED SWEET POTATO * MILK  <input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MUTLIGRAIN CHEERIOS PAPAYA WATER  <input type="checkbox"/> Whole Grain	HAM & CHEESE PINWHEELS MANDARINS WATER  <input type="checkbox"/> Whole Grain	GRAHAM CRACKERS PEACH WEDGES WATER  <input type="checkbox"/> Whole Grain	AVOCADO TOAST FLATBREAD FRESH GUACAMOLE WATER  <input type="checkbox"/> Whole Grain	CHEEZE ITS KIWI WATER  <input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 11/24/25	Tuesday 11/25/25	Wednesday 11/26/25	Thursday 11/27/25	Friday 11/28/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BANANA MUFFIN CINNAMON APPLESAUCE *MILK	ENGLISH MUFFIN PINEAPPLES *MILK	CROISSANTS ORANGE WEDGES *MILK	<b>HAPPY THANKSGIVING</b> SWEET POTATO PANCAKES BAKED APPLES *MILK 	<b>NATIONAL FRENCH TOAST DAY</b> FRENCH TOAST PAPAYA * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	GRILLED CHICKEN & SPINACH TORTILLA WRAP WATER	CREAM OF WHEAT APRICOTS WATER	CHEESE TOAST GROOVY GRAPES (CUT APPROPRIATELY) WATER	<b>HAPPY THANKSGIVING</b> BOILED EGG MIXED BERRIES WATER 	<u>CRANBERRY APPLESAUCE RECIPE</u> PUMPKIN MUFFIN CRANBERRY APPLESAUCE WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHEESEBURGER HAMBURGER BUN STRAWBERRIES SWEET POTATO FRIES *MILK	CHICKEN NUGGETS WHEAT ROLL BLUEBERRIES BROCCOLI *MILK	SAVORY TUNA SANDWICH MUTLI GRAIN BREAD VEGETABLE SOUP ZESTY CORN * MILK	<b>HAPPY THANKSGIVING</b> ROASTED TURKEY W/GRAVY CORNBREAD COLLARD GREENS BLACK EYES PEAS *MILK 	SAVOREY WAFFLE-WICH TURKEY & CHEESE SANDWICH WAFFLE SLICED PEACHES BABY CARROTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	GRAHAM CRACKERS PEACHES WATER	<b>NATIONAL PARFAIT DAY</b> OATS LOW FAT YOGURT KIWI WATER	WHOLE GRAIN CRACKERS TOMATO & CUCUMBER SALAD WATER	<b>HAPPY THANKSGIVING</b> RICE CAKES PUMPKIN APPLESAUCE WATER 	HARD PRETZELS PLUMS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOT HAM & SWISS SUB SUB ROLL PEAR HALVES SWEET PEAS *MILK	FISH STICKS BREAD STICKS FRUIT COCKTAIL CARROT WEDGES * MILK	BBQ CHICKEN TEXAS TOAST GREEN APPLE SLICES STEAMED ZUCCHINI * MILK	<b>HAPPY THANKSGIVING</b> HOMEMADE MACARONI & CHEESE MACARONI PASTA BLUEBERRIES GREEN BEANS * MILK 	CHICKEN & RICE CASSEROLE BROWN RICE GRAPES (CUT ACCORDINGLY) STEAMED ASPARAGUS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CLUB CRACKERS HM CHICKEN NOODLE SOUP WATER	FRENCH BREAD TOMATO BISQUE SOUP WATER	FRUIT & VEGGIE CUP WATERMELON STICKS CELERY STICKS WATER	<b>HAPPY THANKSGIVING</b> HONEY HAM & CHEESE PINWHEELS SALTINE CRACKERS WATER 	GRAHAM CRACKERS CUCUMBER SLICES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				