



	Monday 11/3/25	Tuesday 11/4/25	Wednesday 11/5/25	Thursday 11/6/25	Friday 11/7/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEESE TOAST MIXED BERRIES *MILK <input type="checkbox"/> Whole Grain	ENGLISH MUFFIN PEARS *MILK <input type="checkbox"/> Whole Grain	CHICKEN BISCUIT CRUSHED PINEAPPLES *MILK <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS BLACKBERRIES *MILK <input type="checkbox"/> Whole Grain	APPLE PUMPKIN OATMEAL BANANA *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL SANDWICH DAY CHICKEN FILET SANDWICH MULTI GRAIN BUN FRUIT COCKTAIL SWEET PEAS *MILK <input type="checkbox"/> Whole Grain	FISH STICKS MINI ROLL GRAPES MIXED VEGETABLES *MILK <input type="checkbox"/> Whole Grain	HAM & CHEESE SLIDERS HAWAIIAN ROLL PEACHES GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	NATIONAL NACHOS DAY SHREDDED CHICKEN WHOLE GRAIN NACHOS BLUEBERRIES CORN SALSA *MILK <input type="checkbox"/> Whole Grain	SALISBURY STEAK BROWN RICE ORANGES ROASTED ZUCCHINI *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MINI FRUIT PIZZA MINI BAGEL STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	FRUIT & NUT BUTTER PITA POCKET PITA ROUNDS PEANUT/ALMOD/SUN BUTTER APPLE SLICES WATER <input type="checkbox"/> Whole Grain	PRETZELS YOGURT DIP WATER <input type="checkbox"/> Whole Grain	VEGAN BEAN CHILI SALTINE CRACKERS WATER <input type="checkbox"/> Whole Grain	FISH SWIMMING IN SOUP GOLDFISH TOMATO BISQUE SOUP WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND TURKEY SPAGHETTI SPAGHETTI ORANGES TOSSED SALAD * MILK <input type="checkbox"/> Whole Grain	SHRIMP FRIED RICE FRIED RICE PINEAPPLES STEAMED BROCCOLI * MILK <input type="checkbox"/> Whole Grain	BEEF MEATBALL SUB HOAGIE ROLL FRUIT SALAD TATER TOTS * MILK <input type="checkbox"/> Whole Grain	CHEESEY CHEESEBURGER HAMBURGER BUN APRICOTS SWEET POTATOES * MILK <input type="checkbox"/> Whole Grain	TUNA & NOODLE BAKE ELBOW NOODLES PEARS SWEET PEAS * MILK <input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 11/10/25	Tuesday 11/11/25	Wednesday 11/12/25	Thursday 11/13/25	Friday 11/14/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRITS SLICED PLUMS *MILK	WAFFLE STICKS HONEYDEW MELON *MILK	MULTI GRAIN CHEERIOS BANANA *MILK	MINI BAGEL PEARS *MILK	MULTIGRAIN CHEX WARM APRICOTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY TUNA SUB ROLL PEARS GREEN BEANS *MILK	BEEF STIR FRY LO MEIN NOODLES RED APPLES GARLIC BROCCOLI *MILK	National Pizza with Everything Day HOMEMADE 3 CHEESE PIZZA WHEAT PIZZA CRUST PINEAPPLE TIDBITS PEAS & CARROTS * MILK	SUNNY LEMON CHICKEN RICE PILAF CANTALOUPE KALE SALAD *MILK	BREAKFAST FOR LUNCH SAUSAGE PATTIES PANCAKES HASHBROWNS STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PRETZELS KIWI WATER	SUNCHIPS CINNAMON APPLESAUCE WATER	SUGAR SNAP PEAS YOGURT DIP WATER	RITZ CRACKERS ROASTED CAULIFLOWER WATER	GROUND CHICKEN W/ LETTUCE WRAP GREEN LEAF LETTUCE GROUND CHICKEN WATER CHESTNUTS WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	PHILLY CHEESE STEAK SUB ROLL FRUIT COCKTAIL BAKED FRENCH FRIES *MILK	TURKEY BURGER MULTI GRAIN BUN RASPBERRIES CORN ON THE COB * MILK	FISH STICKS WHOLE WHEAT ROLL PINEAPPLE STICKS ASPARAGUS * MILK	HOME MADE XTRA CHEESE RAVIOLI RAVIOLI PEARS MIXED VEGETABLES *MILK	BAKED CHICKEN LEG BROWN RICE PEACHES OKRA * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 11/17/25	Tuesday 11/18/25	Wednesday 11/19/25	Thursday 11/20/25	Friday 11/21/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BAGEL BAKED APPLES *MILK	OATMEAL MUFFIN GRILLED PEACHES *MILK	PANCAKES RASPBERRIES *MILK	GRITS BANANA *MILK	CHEERIOS STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE PANINI PANINI KIWI ROASTED SQUASH *MILK	TACO TUESDAY BEEF AND CHEESE TACO SOFT TACO PLUMS GREEN/RED SWEET PEPPERS *MILK	GRILLED CHICKEN TENDERS WHEAT ROLL BLUEBERRIES GREEN BEANS * MILK	POPCORN CHICKEN FRIED RICE PINEAPPLE RINGS STIR FRY VEGGIES *MILK	XTRA CHEESE VEGGIE FLATBREAD FLATBREAD SWEET PEPPERS SWEET CORN *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BANANA SUSHI ROLL PEANUT/SOY BUTTER/NUT BUTTER TORTILLA BANANA WATER	ANIMAL CRACKERS CANTALOUPE WATER	MULTIGRAIN CRACKERS SAVORY TUNA WATER	<u>QUESADILLA & CILANTO</u> YOGURT DIP RECIPE LINK VEGGIE QUESADILLA CILANTRO YOGURT DIP (RECIPE IN LINK) WATER	PRETZEL STICKS PEAR SLICES WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SALISBURY STEAK WHITE RICE W/ GRAVY APRICOT HALVES ROASTED ZUCCHINI *MILK	GARLIC SHRIMP BUTTERED NOODLES PINEAPPLE CHUNKS STEAMED BROCCOLI * MILK	BURRITO BOWL BLACK BEANS BROWN RICE FRUIT COCKTAIL HOMEMADE PICO DE GALLO * MILK	GRILLED CHEESE SANDWICH WHEAT BREAD TOMATO SOUP SAUTEED SPINACH *MILK	FISH STICKS MINI ROLL GROOVY GRAPES BAKED SWEET POTATO * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 11/24/25	Tuesday 11/25/25	Wednesday 11/26/25	Thursday 11/27/25	Friday 11/28/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BANANA MUFFIN CINNAMON APPLESAUCE *MILK	ENGLISH MUFFIN PINEAPPLES *MILK	CROISSANTS ORANGE WEDGES *MILK	HAPPY THANKSGIVING SWEET POTATO PANCAKES BAKED APPLES *MILK	NATIONAL FRENCH TOAST DAY FRENCH TOAST PAPAYA * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHEESEBURGER HAMBURGER BUN STRAWBERRIES SWEET POTATO FRIES *MILK	CHICKEN NUGGETS WHEAT ROLL BLUEBERRIES BROCCOLI *MILK	SAVORY TUNA SANDWICH MUTLI GRAIN BREAD VEGETABLE SOUP ZESTY CORN * MILK	HAPPY THANKSGIVING ROASTED TURKEY W/GR CORNBREAD COLLARD GREENS BLACK EYES PEAS *MILK	SAVOREY WAFFLE-WICH TURKEY & CHEESE SANDWICH WAFFLE SLICED PEACHES BABY CARROTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRAHAM CRACKERS PEACHES WATER	NATIONAL PARFAIT DAY OATS LOW FAT YOGURT KIWI WATER	WHOLE GRAIN CRACKERS TOMATO & CUCUMBER SALAD WATER	HAPPY THANKSGIVING RICE CAKES PUMPKIN APPLESAUCE WATER	HARD PRETZELS PLUMS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOT HAM & SWISS SUB SUB ROLL PEAR HALVES SWEET PEAS *MILK	FISH STICKS BREAD STICKS FRUIT COCKTAIL CARROT WEDGES * MILK	BBQ CHICKEN TEXAS TOAST GREEN APPLE SLICES STEAMED ZUCCHINI * MILK	HAPPY THANKSGIVING HOMEMADE MACARONI & CHEESE MACARONI PASTA BLUEBERRIES GREEN BEANS * MILK	CHICKEN & RICE CASSEROLE BROWN RICE GRAPES (CUT ACCORDINGLY) STEAMED ASPARAGUS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					
	<input type="checkbox"/>				
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>				
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS					
	<input type="checkbox"/>				
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>				
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					