

# Harvest of the month: Lettuce



# December 2025

	Monday 12/1/25	Tuesday 12/2/25	Wednesday 12/3/25	Thursday 12/4/25	Friday 12/5/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CREAM OF WHEAT BLUEBERRIES *MILK	MINI PANCAKES BANANAS *MILK	SAUSAGE BISCUIT ORANGE WEDGES *MILK	CHEERIOS HASHBROWNS *MILK	SCRAMBLED EGGS BLACKBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	ROASTED TURKEY ROLLUP HAWAIIAN BREAD OVEN BAKED CRISPY KALE FRUIT SALAD *MILK	TACO BOWL TUESDAY SHREDDED CHICKEN TACO SPANISH RICE ZESTY CORN PLUMS *MILK	<b>NATIONAL GREEN BEAN CASSEROLE DAY</b> STICKY BBQ TEMPEH (VEGAN) BROWN RICE GREEN BEAN CASSEROLE RASPBERRIES * MILK	HOMEMADE CHICKEN NOODLE SOUP CHUNKY CHICKEN WHOLE GRAIN CRACKERS TOSSED SALAD GREEN APPLES *MILK	SAVORY TUNA SUB SUB ROLL SWEET PEAS CANTALOUPE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<b>EAT A RED APPLE DAY</b> RED APPLE PEANUT/WOW/SOY/SUN-BUTTER WATER	STRING CHEESE MIXED FRUIT WATER	FRUIT & VEGGIE CUP CUCUMBER STICKS WATERMELON STICKS WATER	<b>GRAHAM CRACKER REINDEER</b> GRAHAM CRACKERS BANANA WATER 	PITA CHIPS SAVORY HUMMUS WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
*One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					

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	Monday 12/8/25	Tuesday 12/9/25	Wednesday 12/10/25	Thursday 12/11/25	Friday 12/12/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BAGEL RASPBERRIES *MILK	BANANA MUFFIN WARMED PEACHES *MILK	WAFFLE STICKS HONEYDEW MELON *MILK	TURKEY SAUSAGE TATER TOTS *MILK	GRITS CANTALOUPE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	CHICKEN SALAD CROISSANT ROASTED CAULIFLOWER MANDARINS *MILK	<u>TOFU TACO RECIPE</u> SEASONED TOFU HARD/SOFT TACOS MINI CORN ON THE COB SHREDDED LETTUCE *MILK	ROASTED CHICKEN CORNBREAD CREAMED SPINACH ORANGE WEDGES *MILK	CHICKEN QUESADILLA GRILLED CHICKEN WHOLE WHEAT TORTILLA BROCCOLI PAPAYA *MILK	BREAKFAST FOR LUNCH SAUSAGE PATTIES PANCAKES HASHBROWNS STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SWIMMING FISH WHOLE GRAIN GOLDFISH TOMATO BISQUE WATER	MINI MARGHERITA PIZZA FLATBREAD MOZZARELLA CHEESE TOMOATO SLICES WATER	BREADSTICKS SPLIT PEA SOUP WATER	PITA POCKET TROPICAL FRUIT SALAD WATER	<b>REINDEER CHOW SNACK MIX</b> CHEX, PRETZEL STICKS APPLE SLICES WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	*One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 12/15/25	Tuesday 12/16/25	Wednesday 12/17/25	Thursday 12/18/25	Friday 12/19/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BREAKFAST ON A STICK MINI PANCAKES STRAWBERRIES *MILK	MINI CROUSSAINTS ORANGE WEDGES *MILK	SAUSAGE BISCUITS BANANAS *MILK	BREAKFAST BURRITO TORTILLA SCRAMBLED EGGS HASHBROWNS *MILK	<b>NATIONAL OATMEAL DAY</b> OATMEAL MUFFIN BLUEBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	TURKEY & CHEDDAR CHEESE SLIDER BUN CREAMED SPINACH PINEAPPLE RINGS *MILK	ASIAN CHICKEN BROWN RICE GARLIC BROCCOLI PAPAYA *MILK	<u>TUMERIC PEANUT BUTTER</u> CHICKEN BOWL RECIPE CHICKEN BREAST BROWN RICE GARLIC CARROTS RED APPLES * MILK	HM-XTRA CHEESE VEGGIE PIZZA EXTRA CHEESE PIZZA CRUST SWEET PEPPERS/ASSOR. VEGGIES WATERMELON *MILK	CHICKEN & WAFFLES WAFFLES OVEN BAKED CHICKEN GREEN BEANS APPLESAUCE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PRETZELS TROPICAL FRUIT WATER	LOW FAT YOGURT PEACHES WATER	TURKEY LETTUCE WRAPS ROLLED TURKEY SLICES W/ GREEN LEAF LETTUCE SHREDDED CARROTS WATER	SALTINE CRACKERS VEGETABLE SOUP WATER	BUILD YOUR OWN PARFAIT OATS LOW FAT GREEK YOGURT MIXED BERRIES WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p><i>*One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</i></p>					

# Harvest of the month: Lettuce December 2025

	Monday 12/22/25	Tuesday 12/23/25	Wednesday 12/24/25	Thursday 12/25/25	Friday 12/26/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENGLISH MUFFIN BLUEBERRIES *MILK	ENRICHED GRITS WARMED PEACHES *MILK	CHEERIOS ORANGE SMILES *MILK	<b>SANTA PANCAKES</b> WHOLE WHEAT PANCAKES RASPBERRIES & BANANA *MILK 	FRENCH TOAST APRICOTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	WARM HAM & CHEESE SLIDERS HAWAIIAN BUN BAKED BEANS CANTALOUPE *MILK	CHICKEN & CHEESE TORTILLA SWEET PEPPERS STRAWBERRIES *MILK	SAVORY MINI TUNA SLIDERS WHOLE WHEAT ROLL MIXED VEGETABLES BLUEBERRIES *MILK	<b>RUDOLPH SANDWICH</b> HONEY TURKEY & CHEESE WHOLE GRAIN BREAD CARROTS TROPICAL FRUIT SALAD *MILK 	CHICKEN FILET SANDWICH MULTI GRAIN BUN FRENCH FRIES APPLE SLICES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PEANUT/SOY/NUT BUTTER PITA ROUNDS APPLE SLICES WATER	<b>POPCORN SNOWMAN</b> POPCORN PAPAYA WATER 	<u><a href="#">CORNY SALSA RECIPE LINK</a></u> WHOLE GRAIN TORTILLA CHIPS CORN WATER	<b>CHRISTMAS CHEESE BOARD</b> ENRICHED PRETZELS ASSORTED CHEESES WATER 	YOGURT DIP ENGLISH CUCUMBER SLICES WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	*One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 12/29/25	Tuesday 12/30/25	Wednesday 12/31/25		
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CREAM OF WHEAT WARM APRICOT HALVES *MILK	GRITS KIWI SLICES *MILK	FRENCH TOAST FRUIT SALAD *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	CURRY TUNA SANDWICH WHOLE WHEAT ROLL CREAMED SPINACH BLUEBERRIES *MILK	GRILLED MINI STEAK KABOBS GARLIC BREADSTICKS ROASTED BRUSSELL SPROUTS PEARS *MILK	FISH FILLET HAMBURGER BREAD GREEN BEANS RASPBERRIES *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT & VEGGIE CUP PRETZEL TWIST CELERY STICKS  WATER	GRAHAM CRACKERS APPLE SLICES  WATER	SALTINE CRACKERS BROCCOLI FLORETS W/ RANCH DIP (OPTIONAL) WATER		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
<b>TWO COMPONENTS</b>					
<i>*One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</i>					