

Harvest of the month: Lettuce December 2025

	Monday 12/1/25	Tuesday 12/2/25	Wednesday 12/3/25	Thursday 12/4/25	Friday 12/5/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CREAM OF WHEAT BLUEBERRIES *MILK	MINI PANCAKES BANANAS *MILK	SAUSAGE BISCUIT ORANGE WEDGES *MILK	CHEERIOS HASHBROWNS *MILK	SCRAMBLED EGGS BLACKBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	ROASTED TURKEY ROLLUP HAWAIIAN BREAD OVEN BAKED CRISPY KALE FRUIT SALAD *MILK	TACO BOWL TUESDAY SHREDDED CHICKEN TACO SPANISH RICE ZESTY CORN PLUMS *MILK	NATIONAL GREEN BEAN CASSEROLE DAY STICKY BBQ TEMPEH (VEGAN) BROWN RICE GREEN BEAN CASSEROLE RASPBERRIES * MILK	HOMEMADE CHICKEN NOODLE SOUP CHUNKY CHICKEN WHOLE GRAIN CRACKERS TOSSED SALAD GREEN APPLES *MILK	SAVORY TUNA SUB SUB ROLL SWEET PEAS CANTALOUPE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	EAT A RED APPLE DAY RED APPLE PEANUT/WOW/SOY/SUN-BUTTER	STRING CHEESE MIXED FRUIT	FRUIT & VEGGIE CUP CUCUMBER STICKS WATERMELON STICKS	GRAHAM CRACKER REINDEER GRAHAM CRACKERS BANANA 	PITA CHIPS SAVORY HUMMUS
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS					
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	CHICKEN TENDERS BUTTERED NOODLES PEAS & CARROTS RASPBERRIES *MILK	BEEF MEATBALL SUB SUB ROLL FRENCH FRIES APRICOTS * MILK	EXTRA CHEESE RAVIOLI RAVIOLI PASTA MIXED VEGETABLES GROOVY GRAPES * MILK	STEAK TENDERS WHEAT ROLL COLLARD GREENS PEACHES *MILK	BLACK BEAN BURGER HAMBURGER BUN BAKED SWEET POTATO PEARS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>*One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					

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	Monday 12/8/25	Tuesday 12/9/25	Wednesday 12/10/25	Thursday 12/11/25	Friday 12/12/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BAGEL RASPBERRIES *MILK	BANANA MUFFIN WARMED PEACHES *MILK	WAFFLE STICKS HONEYDEW MELON *MILK	TURKEY SAUSAGE TATER TOTS *MILK	GRITS CANTALOUPE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	CHICKEN SALAD CROISSANT ROASTED CAULIFLOWER MANDARINS *MILK	<u>TOFU TACO RECIPE</u> SEASONED TOFU HARD/SOFT TACOS MINI CORN ON THE COB SHREDDED LETTUCE *MILK	ROASTED CHICKEN CORNBREAD CREAMED SPINACH ORANGE WEDGES *MILK	CHICKEN QUESADILLA GRILLED CHICKEN WHOLE WHEAT TORTILLA BROCCOLI PAPAYA *MILK	BREAKFAST FOR LUNCH SAUSAGE PATTIES PANCAKES HASHBROWNS STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SWIMMING FISH WHOLE GRAIN GOLDFISH TOMATO BISQUE WATER	MINI MARGHERITA PIZZA FLATBREAD MOZZARELLA CHEESE TOMOATO SLICES WATER	BREADSTICKS SPLIT PEA SOUP WATER	PITA POCKET TROPICAL FRUIT SALAD WATER	REINDEER CHOW SNACK MIX CHEX, PRETZEL STICKS APPLE SLICES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	HOMEMADE MAC & EXTRA CHEESE WHOLE WHEAT NOODLES STEAMED BROCCOLI GROOVY GRAPES *MILK	CHICKEN NUGGETS HUSH PUPPIES SWEET PEAS HONEYDEW MELON * MILK	FISH STICKS BREAD STICKS CARROT WEDGES BLUEBERRIES *MILK	BEEF HAMBURGER HAMBURGER BUN ROASTED ZUCHINNI WATERMELON *MILK	CHICKEN & RICE CASSEROLE CHICKEN BREAST BROWN RICE KALE SALAD PLUMS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>*One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</i>					

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	Monday 12/15/25	Tuesday 12/16/25	Wednesday 12/17/25	Thursday 12/18/25	Friday 12/19/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BREAKFAST ON A STICK MINI PANCAKES STRAWBERRIES *MILK	MINI CROUSSAINTS ORANGE WEDGES *MILK	SAUSAGE BISCUITS BANANAS *MILK	BREAKFAST BURRITO TORTILLA SCRAMBLED EGGS HASHBROWNS *MILK	NATIONAL OATMEAL DAY OATMEAL MUFFIN BLUEBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	TURKEY & CHEDDAR CHEESE SLIDER BUN CREAMED SPINACH PINEAPPLE RINGS *MILK	ASIAN CHICKEN BROWN RICE GARLIC BROCCOLI PAPAYA *MILK	TUMERIC PEANUT BUTTER CHICKEN BOWL RECIPE CHICKEN BREAST BROWN RICE GARLIC CARROTS RED APPLES * MILK	HM-XTRA CHEESE VEGGIE PIZZA EXTRA CHEESE PIZZA CRUST SWEET PEPPERS/ASSOR. VEGGIES WATERMELON *MILK	CHICKEN & WAFFLES WAFFLES OVEN BAKED CHICKEN GREEN BEANS APPLESAUCE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PRETZELS TROPICAL FRUIT WATER	LOW FAT YOGURT PEACHES WATER	TURKEY LETTUCE WRAPS ROLLED TURKEY SLICES W/ GREEN LEAF LETTUCE SHREDDED CARROTS WATER	SALTINE CRACKERS VEGETABLE SOUP WATER	BUILD YOUR OWN PARFAIT OATS LOW FAT GREEK YOGURT MIXED BERRIES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	HOMEMADE MAC & CHEESE WHOLE GRAIN NOODLES BRUSSELS SPROUTS GROOVY GRAPES *MILK	SALSBURY STEAK BROWN RICE W/ GRAVY ROASTED SQUASH HONEYDEW MELON * MILK	BAKED FISH FILLET HUSH PUPPIES ROASTED ZUCCHINI APRICOTS * MILK	TURKEY MEATBALLS SPAGHETTI NOODLES ROASTED CABBAGE FRUIT COCKTAIL *MILK	BEAN & CHEESE NACHOS WHOLE GRAIN NACHO CHIPS SWEET CORN PEARS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 12/22/25	Tuesday 12/23/25	Wednesday 12/24/25	Thursday 12/25/25	Friday 12/26/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENGLISH MUFFIN BLUEBERRIES *MILK	ENRICHED GRITS WARMED PEACHES *MILK	CHEERIOS ORANGE SMILES *MILK	SANTA PANCAKES WHOLE WHEAT PANCAKES RASPBERRIES & BANANA *MILK 	FRENCH TOAST APRICOTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	WARM HAM & CHEESE SLIDERS HAWAIIAN BUN BAKED BEANS CANTALOUPE *MILK	CHICKEN & CHEESE TORTILLA SWEET PEPPERS STRAWBERRIES *MILK	SAVORY MINI TUNA SLIDERS WHOLE WHEAT ROLL MIXED VEGETABLES BLUEBERRIES *MILK	RUDOLPH SANDWICH HONEY TURKEY & CHEESE WHOLE GRAIN BREAD CARROTS TROPICAL FRUIT SALAD *MILK 	CHICKEN FILET SANDWICH MULTI GRAIN BUN FRENCH FRIES APPLE SLICES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	PEANUT/SOY/NUT BUTTER PITA ROUNDS APPLE SLICES WATER	POPCORN SNOWMAN POPCORN PAPAYA  WATER	<u>CORN SALSAS RECIPE LINK</u> WHOLE GRAIN TORTILLA CHIPS CORN WATER	CHRISTMAS CHEESE BOARD ENRICHED PRETZELS ASSORTED CHEESES  WATER	YOGURT DIP ENGLISH CUCUMBER SLICES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	STEAK FINGERS WHOLE WHEAT ROLL SWEET ACORN SQUASH PLUMS * MILK	SAVORY RED BEANS BROWN RICE CREAMED SPINACH CINNAMON APPLESAUCE *MILK	ROASTED TURKEY W/GRAVY CORNBREAD BUTTERNUT SQUASH ASPARAGUS * MILK	SLICED HONEY BAKED HAM MULTI GRAIN ROLL STEAMED ZUCCHINI ORANGES * MILK	GROUND BEEF SOFT TACOS FLOUR TORTILLA REFRIED BEANS APRICOTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 12/29/25	Tuesday 12/30/25	Wednesday 12/31/25		
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CREAM OF WHEAT WARM APRICOT HALVES *MILK	GRITS KIWI SLICES *MILK	FRENCH TOAST FRUIT SALAD *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	CURRY TUNA SANDWICH WHOLE WHEAT ROLL CREAMED SPINACH BLUEBERRIES *MILK	GRILLED MINI STEAK KABOBS GARLIC BREADSTICKS ROASTED BRUSSELL SPROUTS PEARS *MILK	FISH FILLET HAMBURGER BREAD GREEN BEANS RASPBERRIES *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT & VEGGIE CUP PRETZEL TWIST CELERY STICKS WATER	GRAHAM CRACKERS APPLE SLICES WATER	SALTINE CRACKERS BROCCOLI FLORETS W/ RANCH DIP (OPTIONAL) WATER		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
TWO COMPONENTS					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable Vegetable or Fruit Fluid Milk	BBQ PULLED PORK TEXAS TOAST GREEN BEANS HONEYDEW MELON *MILK	CHICKEN FILET SANDWICH BRIOCHE BUN SWEET POTATO FRIES BLUEBERRIES * MILK	PORK LOIN W/GRAVY BREAD STICKS MASHED POTATOES FRUIT COCKTAIL * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>
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