



Harvest of the month: February 2026



Cruciferous Vegetables
Cabbage, Broccoli, Cauliflower

	Monday 2/2/26	Tuesday 2/3/26	Wednesday 2/4/26	Thursday 2/5/26	Friday 2/6/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	HEAVENLY HASH DAY SAUSAGE BISCUIT HASHBROWNS *MILK	GRITS PEACHES *MILK	FRENCH TOAST BLUEBERRIES *MILK	MINI BAGELS RASPBERRIES *MILK	BUTTERED TOAST MANDARINS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN QUESADILLA TORTILLA AVOCADO SLICES TOMATO SALSA *MILK	TURKEY BURGER HAMBURGER BUN ORANGE SMILES TOSSED SALAD *MILK	PHILLY CHEESESTEAK SUB ROLL GROOVY GRAPES GREEN BEANS *MILK	FISH STICKS HAWAIIAN ROLL DICED PEARS SWEET CORN *MILK	TURKEY AND CHEESE WRAP TORTILLA BLACKBERRIES SPINACH SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRAHAM CRACKERS HONEYDEW MELON WATER	SUN CHIPS CINNAMON APPLESAUCE WATER	CHEESE CRACKERS CUCUMBERS W/ HUMMUS DIP WATER	FROSTED MINI WHEATS 100% APPLE JUICE	SALTINE CRACKERS TUNA SALAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF STIR FRY FRIED RICE SAUTEED BROCCOLI BELL PEPPER STRIPS *MILK	MAC N CHEESE NOODLE RASPBERRIES LIMA BEANS * MILK	NATIONAL HOMEMADE SOUP DAY CHICKEN BREAST EGG NOODLE FRUIT COCKTAIL CEASAR SALAD * MILK	BBQ PULLED PORK TEXAS TOAST CANTALOUPE COLLARD GREENS *MILK	ROTISSERIE CHICKEN FRENCH BREAD APRICOT PEAS & CARROTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The</p> <p>Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					



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	Monday 2/9/26	Tuesday 2/10/26	Wednesday 2/11/26	Thursday 2/12/26	♥ Friday 2/13/26 ♥
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	OATMEAL MONDAY OATMEAL MIXED FRUIT *MILK	MINI PANCAKES TURKEY BACON BANANA SLICES *MILK	ENRICHED MUFFIN SLICED PLUMS *MILK	WHOLE GRAIN CHEERIOS WARM PEACHES *MILK	WAFFLES STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN STRIPS WHEAT ROLL SWEET POTATO WEDGES BRUSSELS SPROUTS *MILK	GROUND BEEF TACOS TORTILLA PINEAPPLE RINGS PINTO BEANS *MILK	GARLIC STEAK BITES BREADSTICK GREEN BEANS POTATO SALAD * MILK	HAM AND CHEESE PANINI CIBATTA BREAD CAESAR SALAD CARROT STICKS *MILK	NATIONAL TORTELLINI DAY CHEESE TORTELLINI CUTIE ORANGES ZUCCHINI STRIPS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	RITZ CRACKERS NECTARINES WATER	TORTILLA CHIPS FRUIT KABOB WATER	HARD BOILED EGG WHEAT CRACKERS WATER	ANIMAL CRACKERS CELERY STICKS W/ HUMMUS WATER	CINNAMON TOAST FRUIT COCKTAIL WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL PIZZA DAY XTRA CHEESE PIZZA PIZZA CRUST WATERMELON CUBES ROASTED BROCCOLI *MILK	POT ROAST BUTTERED NOODLES PEACHES SAUTEED SPINACH * MILK	GRILLED CHICKEN BROWN RICE RASPBERRIES ROASTED ASPARAGUS * MILK	PORK CHOPS HAWAIIAN BREAD ROLL PINEAPPLE CHUNKS MIXED VEGETABLES *MILK	FISH FILLETS CORNBREAD OKRA FRENCH FRIES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The				
	Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



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	Monday 2/16/26	Tuesday 2/17/26	Wednesday 2/18/26	Thursday 2/19/26	Friday 2/20/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRENCH TOAST STICKS BANANA *MILK	CREAM OF WHEAT HASHBROWNS *MILK	SCRAMBELED EGGS SLICED PEACHES *MILK	CHEESEY GRITS BREAKFAST POTATOS *MILK	NATIONAL MUFFIN DAY ENRICHED MUFFIN SAUSAGE LINKS BLUEBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAUTEED SHRIMP BREADSTICK SLICED MANGOES PEAS & CARROTS *MILK	TURKEY WRAP TORTILLA TATER TOTS CUCUMBER STICKS *MILK	CHICKEN SALAD WHEAT BREAD CELERY STICKS TANGERINES * MILK	TERRYAKI CHICKEN FRIED RICE CANTALOUPE ROASTED BROCCOLI *MILK	GRILLED XTRA CHEESE SANDWICH WHEAT BREAD RASPBERRIES MIXED VEGETABLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PITA CHIPS HUMMUS	SALTINE CRACKERS TUNA SALAD	CHEESE CUBES RITZ CRACKERS	FRUIT & VEGGIE CUPS WATERMELON STICKS CUCUMBER STICKS	FROSTED MINI WHEATS FRUIT COCKTAIL
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS	WATER	WATER	WATER	WATER	WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND TURKEY RICE PILAF NECTARINES BLACK EYED PEAS *MILK	NATIONAL CABBAGE DAY CHICKEN NUGGETS WHOLE WHEAT ROLL STRAWBERRIES SAUTEED CABBAGE * MILK	SPAGHETTI & MEATBALLS NOODLES ROASTED ASPARAGUS CAESAR SALAD * MILK	SALISBURY STEAK BREAD STICKS SLICED PEARS BAKED POTATO *MILK	BBQ CHICKEN CORN MUFFIN SLICED KIWI SAUTEED ZUCCHINI ROUNDS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The				
	Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



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	Monday 2/23/26	Tuesday 2/24/26	Wednesday 2/25/26	Thursday 2/26/26	Friday 2/27/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CINNAMON RAISON TOAST BLACKBERRIES *MILK	OATMEAL HASHBROWN CASSEROLE *MILK	NATIONAL PANCAKE DAY PANCAKES SLICED PLUMS *MILK	WAFFLES RASPBERRIES *MILK	CHEX CEREAL SLICES PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED CHICKEN DRUMSTICKS CORNBREAD CARROT STICKS TOSSED SALAD *MILK	BLACK BEAN BURGER HAMBURGER BUN GROOVY GRAPES GREEN BEANS *MILK	ROAST BEEF SANDWICH HOAGIE ROLL STRAWBERRIES STEAMED BROCCOLI * MILK	NATIONAL CHILI DAY GROUND BEEF CHILI CORNBREAD BLUEBERRIES ROASTED CAULIFLOWER *MILK	MAC N CHEESE NOODLES DICED PEARS KALE SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	NATIONAL BANANA BREAD DAY BANANA BREAD MANDARINS WATER	SESAME STICKS APRICOTS WATER	PRETZELS ROASTED HUMMUS DIP WATER	CHEEZ-ITS KIWI WATER	NATIONAL STRAWBERRY DAY STRAWBERRIES TURKEY & CHEESE SLIDERS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND BEEF LASAGNA NOODLES CHERRY TOMATOES SAUTEED SPINACH *MILK	PHILLY CHEESE STEAK SUB ROLL PEAS FRENCH FRIES * MILK	CHICKEN FAJITA BOWL BROWN RICE PINTO BEANS BELL PEPPERS & ONIONS * MILK	GRILLED FISH TACOS TORTILLA MIXED FRUIT COLESLAW *MILK	BEAN & CHEESE BURRITO TORTILLA CANTALOUPE TOSSED SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TWO COMPONENTS					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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