



Harvest of the month: February 2026



Cruciferous Vegetables
Cabbage, Broccoli, Cauliflower

	Monday 2/2/26	Tuesday 2/3/26	Wednesday 2/4/26	Thursday 2/5/26	Friday 2/6/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	HEAVENLY HASH DAY SAUSAGE BISCUIT HASHBROWNS *MILK	GRITS PEACHES *MILK	FRENCH TOAST BLUEBERRIES *MILK	MINI BAGELS RASPBERRIES *MILK	BUTTERED TOAST MANDARINS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CRACKERS APPLE SLICES WATER	ENGLISH MUFFIN FRUIT SALAD WATER	LOW-SUGAR YOGURT STRAWBERRIES WATER	RICE CAKES PEANUT/WOW/SOY BUTTER WATER	CHICKPEA HUMMUS CARROT STICKS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN QUESADILLA TORTILLA AVOCADO SLICES TOMATO SALSA *MILK	TURKEY BURGER HAMBURGER BUN ORANGE SMILES TOSSED SALAD *MILK	PHILLY CHEESESTEAK SUB ROLL GROOVY GRAPES GREEN BEANS *MILK	FISH STICKS HAWAIIAN ROLL DICED PEARS SWEET CORN *MILK	TURKEY AND CHEESE WRAP TORTILLA BLACKBERRIES SPINACH SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRAHAM CRACKERS HONEYDEW MELON WATER	SUN CHIPS CINNAMON APPLESAUCE WATER	CHEESE CRACKERS CUCUMBERS W/ HUMMUS DIP WATER	FROSTED MINI WHEATS 100% APPLE JUICE WATER	SALTINE CRACKERS TUNA SALAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF STIR FRY FRIED RICE SAUTEED BROCCOLI BELL PEPPER STRIPS *MILK	MAC N CHEESE NOODLE RASPBERRIES LIMA BEANS * MILK	NATIONAL HOMEMADE SOUP DAY CHICKEN BREAST EGG NOODLE FRUIT COCKTAIL CEASAR SALAD * MILK	BBQ PULLED PORK TEXAS TOAST CANTALOUPE COLLARD GREENS *MILK	ROTISSERIE CHICKEN FRENCH BREAD APRICOT PEAS & CARROTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTIGRAIN CHEERIOS SLICED PLUMS WATER	SESAME STICKS 100% BERRY JUICE WATER	BREAD STICKS MANDARINS WATER	WARMED CROSSAINT PINEAPPLE RINGS WATER	WHEAT CRACKERS CHEDDAR CHEESE CUBES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The					
Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



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	Monday 2/9/26	Tuesday 2/10/26	Wednesday 2/11/26	Thursday 2/12/26	♥ Friday 2/13/26 ♥
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	OATMEAL MONDAY OATMEAL MIXED FRUIT *MILK	MINI PANCAKES TURKEY BACON BANANA SLICES *MILK	ENRICHED MUFFIN SLICED PLUMS *MILK	WHOLE GRAIN CHEERIOS WARM PEACHES *MILK	WAFFLES STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	KIX CEREAL SLICED PEARS WATER	PRETZELS SLICED CUCUMBERS WATER	CAULIFLOWER FLORETS YOGURT DIP WATER	MINI EGG SALAD SANDWICH WHEAT TOAST WATER	ENGLISH MUFFIN PEANUT/WOW/SOY BUTTER WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN STRIPS WHEAT ROLL SWEET POTATO WEDGES BRUSSELS SPROUTS *MILK	GROUND BEEF TACOS TORTILLA PINEAPPLE RINGS PINTO BEANS *MILK	GARLIC STEAK BITES BREADSTICK GREEN BEANS POTATO SALAD * MILK	HAM AND CHEESE PANINI CIBATTA BREAD CAESAR SALAD CARROT STICKS *MILK	NATIONAL TORTELLINI DAY CHEESE TORTELLINI CUTIE ORANGES ZUCCHINI STRIPS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	RITZ CRACKERS NECTARINES WATER	TORTILLA CHIPS FRUIT KABOB WATER	HARD BOILED EGG WHEAT CRACKERS WATER	ANIMAL CRACKERS CELERY STICKS W/ HUMMUS WATER	CINNAMON TOAST FRUIT COCKTAIL WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL PIZZA DAY XTRA CHEESE PIZZA PIZZA CRUST WATERMELON CUBES ROASTED BROCCOLI *MILK	POT ROAST BUTTERED NOODLES PEACHES SAUTEED SPINACH * MILK	GRILLED CHICKEN BROWN RICE RASPBERRIES ROASTED ASPARAGUS * MILK	PORK CHOPS HAWAIIAN BREAD ROLL PINEAPPLE CHUNKS MIXED VEGETABLES *MILK	FISH FILLETS CORNBREAD OKRA FRENCH FRIES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	LOW-SUGAR YOGURT GRAHAM CRACKERS WATER	CLUB CRACKERS CANTALOUPE WATER	CHEESE TOAST APPLE SLICES WATER	RICE CAKE 100% BERRY JUICE	PEAR SLICES CURLY KALE SALAD
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The</p> <p>Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					



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	Monday 2/16/26	Tuesday 2/17/26	Wednesday 2/18/26	Thursday 2/19/26	Friday 2/20/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRENCH TOAST STICKS BANANA *MILK	CREAM OF WHEAT HASHBROWNS *MILK	SCRAMBELED EGGS SLICED PEACHES *MILK	CHEESEY GRITS BREAKFAST POTATOS *MILK	NATIONAL MUFFIN DAY ENRICHED MUFFIN SAUSAGE LINKS BLUEBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	OYSTER CRACKERS TOMATO BISQUE SOUP WATER	CHEESE CRACKERS SLICE PLUMS WATER	MULTI GRAIN CHEERIOS GRAPEFRUIT WATER	MINI BAGELS FRUIT COCKTAIL WATER	WHOLE GRAIN TORTILLA CHIPS PICO DE GALLO WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAUTEED SHRIMP BREADSTICK SLICED MANGOES PEAS & CARROTS *MILK	TURKEY WRAP TORTILLA TATER TOTS CUCUMBER STICKS *MILK	CHICKEN SALAD WHEAT BREAD CELERY STICKS TANGERINES * MILK	TERRYAKI CHICKEN FRIED RICE CANTALOUPE ROASTED BROCCOLI *MILK	GRILLED XTRA CHEESE SANDWICH WHEAT BREAD RASPBERRIES MIXED VEGETABLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	PITA CHIPS HUMMUS WATER	SALTINE CRACKERS TUNA SALAD WATER	CHEESE CUBES RITZ CRACKERS WATER	FRUIT & VEGGIE CUPS WATERMELON STICKS CUCUMBER STICKS WATER	FROSTED MINI WHEATS KIWI SLICES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND TURKEY RICE PILAF NECTARINES BLACK EYED PEAS *MILK	NATIONAL CABBAGE DAY CHICKEN NUGGETS WHOLE WHEAT ROLL STRAWBERRIES SAUTEED CABBAGE * MILK	SPAGHETTI & MEATBALLS NOODLES ROASTED ASPARAGUS CAESAR SALAD * MILK	SALISBURY STEAK BREAD STICKS SLICED PEARS BAKED POTATO *MILK	BBQ CHICKEN CORN MUFFIN SLICED KIWI SAUTEED ZUCCHINI ROUNDS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SESAME STICKS APPLESAUCE WATER	SUNCHIPS MIXED BERRIES WATER	KIX CEREAL 100% APPLE JUICE WATER	ANTS ON A LOG PEANUT/WOW/SOY BUTTER RAISINS CELERY WATER	HONEYDEW MELON BROCCOLI FLORETS w/HUMMUS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



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	Monday 2/23/26	Tuesday 2/24/26	Wednesday 2/25/26	Thursday 2/26/26	Friday 2/27/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CINNAMON RAISON TOAST BLACKBERRIES *MILK	OATMEAL HASHBROWN CASSEROLE *MILK	NATIONAL PANCAKE DAY PANCAKES SLICED PLUMS *MILK	WAFFLES RASPBERRIES *MILK	CHEX CEREAL SLICES PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	AVOCADO TOAST AVOCADO WHOLE WHEAT BREAD WATER	PITA CHIPS WARM CINNAMON APPLES WATER	FRENCH TOAST STICKS ORANGE SMILES WATER	WHOLE GRAIN CRACKER EGG HALVES WATER	SANDWICH THINS 100% APPLE JUICE
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED CHICKEN DRUMSTICKS CORNBREAD CARROT STICKS TOSSED SALAD *MILK	BLACK BEAN BURGER HAMBURGER BUN GROOVY GRAPES GREEN BEANS *MILK	ROAST BEEF SANDWICH HOAGIE ROLL STRAWBERRIES STEAMED BROCCOLI * MILK	NATIONAL CHILI DAY GROUND BEEF CHILI CORNBREAD BLUEBERRIES ROASTED CAULIFLOWER *MILK	MAC N CHEESE NOODLES DICED PEARS KALE SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	NATIONAL BANANA BREAD DAY BANANA BREAD MANDARINS WATER	SESAME STICKS APRICOTS WATER	PRETZELS ROASTED HUMMUS DIP WATER	CHEEZ-ITS KIWI WATER	NATIONAL STRAWBERRY DAY STRAWBERRIES TURKEY & CHEESE SLIDERS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND BEEF LASAGNA NOODLES CHERRY TOMATOES SAUTEED SPINACH *MILK	PHILLY CHEESE STEAK SUB ROLL PEAS FRENCH FRIES * MILK	CHICKEN FAJITA BOWL BROWN RICE PINTO BEANS BELL PEPPERS & ONIONS * MILK	GRILLED FISH TACOS TORTILLA MIXED FRUIT COLESLAW *MILK	BEAN & CHEESE BURRITO TORTILLA CANTALOUPE TOSSED SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MINI BAGEL PEPPERONI PIZZA MINI BAGEL CHEESE WATER	ENGLISH MUFFIN APPLESAUCE WATER	KIX CEREAL HONEYDEW MELON WATER	GRAHAM CRACKERS MOZZARELLA CHEESE STICK WATER	ANIMAL CRACKERS BANANA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS					
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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