

Harvest of the month: Root Vegetables



	Monday 3/2/2026	Tuesday 3/3/2026	Wednesday 3/4/2026	Thursday 3/5/2026	Friday 3/6/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CINNAMON OATMEAL RASPBERRIES *MILK	WAFFLE WATERMELON CUBES *MILK	SAUSAGE BISCUIT BLUEBERRIES *MILK	ENRICHED PANCAKES SLICED PEARS *MILK	CHEERIOS KIWI SLICES HASHBROWNS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CONFETTI EGG TACO (LINK) SCRAMBLED EGGS WHOLE GRAIN TORTILLA	CHEESE TOAST CELERY STICKS W/ YOGURT DIP	AVOCADO RICE CAKES RICE CAKE AVOCADO SLICED CHERRY TOMATOES	BANANA SUSHI ROLL PEANUT/SOY/NUT BUTTER BANANA WHOLE WHEAT TORTILLA	HOMEMADE EGG BITES (LINK) CANTALOUPE CHUNKS
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input checked="" type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TERRIYAKI CHICKEN CHOW MEIN NOODLES MANDARIN ORANGES BROCCOLI SALAD *MILK	NATIONAL COLD CUTS DAY DELI TURKEY WHEAT BREAD CAESAR SALAD SWEET POTATO FRIES *MILK	BLACK BEAN BURGER HAMBURGER BUN GROOVY GRAPES STEAMED CORN *MILK	ROTISSERIE CHICKEN WHOLE WHEAT ROLL APPLESAUCE ROASTED CARROTS * MILK	ASIAN BEEF BOWL GROUND BEEF BROWN RICE SLICED MANGOES SWEET PEAS *MILK
Fluid Milk	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEESE CRACKERS HONEYDEW MELON	SALTINE CRACKERS VEGETABLE SOUP	KIX CEREAL STRAWBERRIES	PIZZA BITES MINI BAGEL XTRA MOZZARELLA CHEESE	CREAM OF WHEAT WARM CINNAMON PEACHES
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ PULLED PORK WHOLE WHEAT BUN COLLARD GREENS ROASTED OKRA * MILK	ARROZ CON POLLO BAKED CHICKEN SPANISH RICE MIXED FRUIT REFRIED BEANS * MILK	SALISBURY STEAK BREADSTICK BAKED POTATO MIXED VEGETABLES * MILK	SPAGHETTI REMIX GROUND TURKEY SPAGHETTI NOODLES MANDARIN ORANGES TOSSED SALAD * MILK	ITALIAN CHICKEN & VEGGIE SHEET PAN (LINK) CHICKEN DRUMSTICKS WHOLE WHEAT ROLL ROASTED POTATOES BRUSSELS SPROUTS * MILK
Fluid Milk	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHEAT CRACKERS CHEDDAR CHEESE CUBES	PITA POCKETS PEANUT/SOY/NUT BUTTER PITA BREAD APPLE SLICES	CLUB CRACKERS PINEAPPLE CHUNKS	ANIMAL CRACKERS SLICED PLUMS	MINI BAGELS 100% GRAPE JUICE
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 3/9/2026	Tuesday 3/10/2026	Wednesday 3/11/2026	Thursday 3/12/2026	Friday 3/13/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	TURKEY SAUSAGE LINKS BREAKFAST POTATOES *MILK	BUTTERED ENGLISH MUFFIN APPLE SLICES *MILK	FRENCH TOAST MANGO SLICES *MILK	BISCUITS WITH GRAVY STRAWBERRIES *MILK	NUTTY TOAST WHEAT BREAD PEANUT/SOY BUTTER/NUT BUTTER CANTALOUPE CHUNKS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SUN CHIPS BELL PEPPERS W/ HUMMUS WATER	CHEESE CRACKERS HONEYDEW MELON CHUNKS WATER	TOFU SCRAMBLE (LINK) TOFU SOURDOUGH BREAD WATER	AVOCADO TOAST WHEAT BREAD AVOCADO WATER	SESAME STICKS FRUIT COCKTAIL WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL MEATBALL DAY BEEF MEATBALLS SPAGHETTI NOODLES FRUIT COCKTAIL GREEN BEANS *MILK	CHICKEN SALAD SANDWICH CROSSAINT CELERY STICKS W/ YOGURT DIP MIXED VEGETABLES *MILK	FISH STICKS FRENCH BREAD GROOVY GRAPES PEAS & CARROTS * MILK	PARMESAN BAKED CHICKEN TENDERS HAWAIIN ROLL MIXED BERRIES SAUTEED ZUCCHINI ROUNDS *MILK	CHICKEN LOMEIN TERRIYAKI CHICKEN LOMEIN NOODLES TANGERINES GARLIC BROCCOLI *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SESAME STICKS BLACKBERRIES WATER	PITA BREAD CHICKPEA HUMMUS WATER	HAM & CHEDDAR SLIDER ENRICHED HAWAIIN ROLL WATER	POPCORN LOVER'S DAY SMART POPCORN APPLESAUCE WATER	YOGURT PARFAIT LOW-SUGAR YOGURT GRAHAM CRACKERS BLUEBERRIES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY W/ GRAVY BISCUIT BUTTERNUT SQUASH MIXED VEGETABLES *MILK	SLICED HONEY BAKED HAM MULTI GRAIN ROLL ORANGE SLICES LIMA BEANS * MILK	CHICKEN CHIMICHANGA (LINK) WHEAT TORTILLA BLACK BEANS STEAMED CORN * MILK	CHEESEBURGER WHEAT BUN CAESAR SALAD SWEET POTATO FRIES *MILK	SHRIMP N GRITS SAUTEED SHRIMP GRITS YELLOW SQUASH ROASTED ASPARAGUS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	GRAHAM CRACKERS PRUNES WATER	MINI RICE CAKES RICOTTA CHEESE WATER	PRETZELS SLICED KIWI WATER	FISH SWIMMING IN SOUP GOLDFISH TOMATO BISQUE SOUP WATER	KIX CEREAL SLICED APRICOTS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

National CACFP Week March 16-22, 2025



	Monday 3/16/2026	Tuesday 3/17/2026	Wednesday 3/18/2026	Thursday 3/19/2026	Friday 3/20/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WAFFLE RASPBERRIES *MILK	ST. PATRICK'S DAY! GREEN FOODS LEPRECHAUN PANCAKES SLICED KIWI *MILK 	GRITS ORANGE SMILES *MILK	BAGEL HASHBROWN CASSEROLE *MILK	OMELETTE GROOVY GRAPES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	XTRA CHEESE QUESADILLA CHEESE BLEND WHOLE WHEAT TORTILLA WATER	GREEN SHAMROCK SMOOTHIE (SPINACH, BANANA, YOGURT) WHEAT TOAST WATER	SESAME STICKS GRAPEFRUIT SLICES WATER	TURKEY & CHEESE PINWHEEL DELI TURKEY WHOLE WHEAT TORTILLA WATER	ANTS ON A LOG PEANUT/SOY/NUT BUTTER CELERY RAISINS WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HONEY HAM SLIDERS HAWAAIN ROLL SLICED APRICOTS SAUTEED SPINACH *MILK	PESTO PASTA WITH CHICKEN CHICKEN BREAST MACARONI NOODLES GREEN GRAPES KALE SALAD *MILK	NATIONAL SLOPPY JOE DAY GROUND BEEF HAMBURGER BUN BLUEBERRIES ROASTED ASPARAGUS * MILK	XTRA GRILLED CHEESE WHEAT BREAD HONEYDEW MELON STEAMED BROCCOLI *MILK	TUNA SALAD WHEAT BREAD MANDARIN ORANGES VEGETABLE SOUP *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	OATMEAL SLICED BANANA WATER	ANIMAL CRACKERS GREEN APPLE SLICES WATER	KIX CEREAL PRUNES WATER	CHEESE STICK SLICED MANGO WATER	CHEERIOS SUNRISE SMOOTHIE (YOGURT, PINEAPPLE) WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ORANGE CHICKEN ENRICHED WHITE RICE MIXED FRUIT SUGAR SNAP PEAS *MILK	STUFFED GREEN BELL PEPPERS GROUND BEEF BREADSTICK SLICED PEARS GREEN BELL PEPPER * MILK	STICKY BBQ TEMPEH (LINK) TEMPEH FRENCH BREAD CREAMY POTATO SALAD STEAMED CORN * MILK	FISH FILLETS ENRICHED CORNBREAD COLESLAW ROASTED OKRA *MILK	NATIONAL RAVIOLI DAY GROUND TURKEY CHEESE RAVIOLI FRUIT COCKTAIL TOSSED SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	RICE CAKES PEANUT/SOY/NUT BUTTER WATER	YOGURT DIP CUCUMBER STICKS WATER	PRETZELS BLUEBERRIES WATER	RITZ CRACKERS RASPBERRIES WATER	CHICKPEA HUMMUS CARROT STICKS WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu				

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	Monday 3/23/2026	Tuesday 3/24/2026	Wednesday 3/25/2026	Thursday 3/26/2026	Friday 3/27/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MUFFIN SLICED PLUMS *MILK	OATMEAL SLICED PAPAYA *MILK	INTERNATIONAL WAFFLE DAY WAFFLES SLICED KIWI *MILK	BISCUITS W/GRAVY SAUSAGE PATTY SLICED PEACHES *MILK	FRENCH TOAST GROOVY GRAPES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	KIX CEREAL FRUIT SALAD WATER	CROSSAINT STRAWBERRIES WATER	BIRD'S NEST TOAST (LINK) EGG WHEAT BREAD WATER	CHEDDAR CHEESE CUBES WHEAT CRACKERS WATER	FROSTED MINI WHEATS PEAR HALVES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN NUGGETS BUTTERED BOWTIE NOODLES MANDARIN ORANGES BROCCOLI SALAD *MILK	NATIONAL CHEESESTEAK DAY SHAVED STEAK SUB ROLL WATERMELON SLICES TOSSED SALAD *MILK	TURKEY BURGER HAMBURGER BUNS FRUIT COCKTAIL SAUTEED CABBAGE * MILK	NATIONAL SPINACH DAY ROAST BEEF SANDWICH HOAGIE ROLL CANTALOUPE SPINACH SALAD *MILK	ASIAN CHICKEN WRAP (LINK) BAKED CHICKEN WHOLE WHEAT TORTILLA SLICED MANGO GREEN BEANS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	NATIONAL CHIPS & DIP DAY TORTILLA CHIPS CORN SALSA WATER	AVOCADO TOAST ENGLISH MUFFIN MASHED AVOCADO WATER	PASTA SALAD RAINBOW CARROTS W/ HUMMUS WATER	ZESTY ZUCCHINI STRIPS COTTAGE CHEESE WATER	CHICKEN SALAD RITZ CRACKERS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY MEATBALLS ORZO GREEN PEAS CURRY CARROTS (LINK) *MILK	BAKED CHICKEN WILD RICE SLICED APRICOTS BROCCOLINI * MILK	XTRA CHEESE MAC N CHEESE MACARONI NOODLES RASPBERRIES ASPARAGUS * MILK	POT ROAST FRENCH BREAD FRUIT COCKTAIL MASHED POTATOES *MILK	NATIONAL SPANISH PAELLA DAY (LINK) CHICKEN THIGHS SPANISH RICE ROASTED ZUCCHINI TATER TOTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CHEESEY BEAN TOSTADA (LINK) CORN TORTILLAS REFRIED BEANS WATER	CHEERIOS SLICED PEARS WATER	BANANA OAT BITES (LINK) ENRICHED PRETZELS WATER	CAULIFLOWER FLORETS YOGURT-RANCH DIP WATER	PRETZELS RODS PINEAPPLE RINGS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 3/30/2026	Tuesday 3/31/2026			
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	TURKEY SAUSAGE LINKS CREAM OF WHEAT BLACKBERRIES *MILK	ORANGES & LEMONS DAY HASHBROWN CASSEROLE ORANGE SMILES BUTTERED TOAST *MILK			
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRAHAM CRACKERS WATERMELON CHUNKS WATER	ZUCCHINI BANANA MINI MUFFINS (LINK) 100% APPLE JUICE			
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ SLIDERS WHOLE WHEAT ROLL PEAR SLICES COLESLAW *MILK	TURKEY & CHEESE WRAP WHOLE WHEAT TORTILLA RASPBERRIES ROASTED SQUASH *MILK			
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	APPLESAUCE ENRICHED PRETZELS WATER	CREAM OF WHEAT SLICED PEACHES WATER			
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEFY MACARONI (LINK) GROUND BEEF MACARONI NOODLES TOSSED SALAD SWEET PEAS *MILK	CHICKEN & DUMPLINGS BISCUIT SLICED MANGOES GREEN BEANS *MILK	<input type="checkbox"/>		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SALTINE CRACKERS CHICKEN SALAD WATER	ROASTED CHICKPEAS SLICED STRAWBERRIES WATER			
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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