

Harvest of the month: Peaches July 2026

			Wednesday 7/1/26	Thursday 7/2/26	Friday 7/3/26
AM SNACK			INTERNATIONAL FRUIT DAY		
Meat/Meat Alternate			CREAM OF WHEAT	XTRA GRILLED CHEESE TOAST	TURKEY BACON (CN OR PFS LABEL)
Whole Grain/Grain Alternate			TROPICAL FRUIT CUP	100% BERRY JUICE	BUTTERED ENGLISH MUFFIN
Vegetable or Fruit					
Fluid Milk			WATER		WATER
TWO COMPONENTS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate			TURKEY & PROVOLONE PANINI	TERIYAKI SHRIMP	BAKED FISH FILLET
Whole Grain/Grain Alternate			WHEAT BREAD	FRIED RICE	CORNBREAD
Vegetable or Fruit			PEAR HALVES	PINEAPPLE RINGS	COLESLAW
Vegetable			GREEN BEANS	BABY CARROTS	ROASTED BRUSSELS SPROUTS
Fluid Milk			* MILK	*MILK	*MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					NATIONAL EAT BEANS DAY
Meat/Meat Alternate			STEAK FINGERS	CHICKEN SLIDERS	BEAN & CHEESE QUESADILLA
Whole Grain/Grain Alternate			HAWAIIAN ROLL	MINI HAMBURGER BUN	TORTILLA
Vegetable or Fruit			SLICED PLUMS	HONEYDEW MELON CHUNKS	MANGO CHUNKS
Vegetable			STEAMED CAULIFLOWER	PEAS & CARROTS	TOSSED SALAD
Fluid Milk			* MILK	*MILK	* MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p><i>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i></p> <p><i>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</i></p>					

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	Monday 7/6/26	Tuesday 7/7/26	Wednesday 7/8/26	Thursday 7/9/26	Friday 7/10/26
AM SNACK					
Meat/Meat Alternate	WHEAT CRACKERS	CARROT BREAKFAST MUFFIN (LINK)	SCRAMBELED EGGS	OATMEAL	BANANA SUSHI ROLL
Whole Grain/Grain Alternate	CHEDDAR CHEESE CUBES	BREAKFAST MUFFIN	GROOVY GRAPES	SLICED STRAWBERRIES	PEANUT/SOY/WOW/NUT BUTTER
Vegetable or Fruit		GRAPEFRUIT WEDGES			TORTILLA
Fluid Milk	WATER	WATER	WATER	WATER	SLICED BANANA
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					NATIONAL FRENCH FRIES DAY
Meat/Meat Alternate	SPAGHETTI & MEATBALLS	CHICKEN CURRY	XTRA CHEESE PIZZA	PORK POT ROAST	BEEF SLOPPY JOE
Whole Grain/Grain Alternate	NOODLES	BROWN RICE	PIZZA CRUST	HAWAIIAN ROLL	MINI BURGER BUNS
Vegetable or Fruit	ROASTED EGGPLANT	SLICED PAPAYA	SLICED KIWI	PINEAPPLE CHUNKS	HONEYDEW CHUNKS
Vegetable	CAESAR SALAD	SAUTEED PEPPERS	MIXED VEGETABLES	BLACKEYED PEAS	BAKED FRENCH FRIES
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate	TURKEY BURGER	GRILLED PORK CHOPS	BEEF PHILLY CHEESE STEAK	HAWAIIAN CHICKEN WRAP (LINK)	SAUTEED TOFU
Whole Grain/Grain Alternate	HAMBURGER BUN	HUSH PUPPIES	SUB ROLL	TORTILLA	FRIED RICE
Vegetable or Fruit	MANDARINS	SLICED PEACHES	FRUIT COCKTAIL	SLICED MANGO	CANTALOUPE CHUNKS
Vegetable	LIMA BEANS	COLLARD GREENS	SAUTEED ZUCCHINI	GREEN PEAS	SNAP PEAS
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					
The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					

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	Monday 7/13/26	Tuesday 7/14/26	Wednesday 7/15/26	Thursday 7/16/26	Friday 7/17/26
AM SNACK					
Meat/Meat Alternate	PANCAKES	BOILED EGG HALVES	LOW SUGAR YOGURT	GRAHAM CRACKERS	FRENCH TOAST STICKS
Whole Grain/Grain Alternate	SLICED BANANA	100% BERRY JUICE	BLUEBERRIES	STRAWBERRY SMOOTHIE	SLICED MANGO
Vegetable or Fruit					
Fluid Milk	WATER		WATER	WATER	WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate	BEEF MEATLOAF	NATIONAL MAC-N-CHEESE DAY	BAKED FISH STICKS	FRESH SPINACH DAY	WARM HAM & CHEESE
Whole Grain/Grain Alternate	WHITE RICE	XTRA CHEDDAR CHEESE	BREAD STICK	TURKEY MEATBALLS	CROSSAINT
Vegetable or Fruit	ROASTED OKRA	MACARONI PASTA	MASHED POTATOES	BUTTERED NOODLES	HONEYDEW MELON CHUNKS
Vegetable	BAKED BEANS	BLACKBERRIES	STEAMED ASPARAGUS	SLICED PEARS	GREEN BEANS
Fluid Milk	*MILK	ROASTED ZUCCHINI	* MILK	SPINACH SALAD	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate	ROTISSERIE CHICKEN	GRILLED SHRIMP KABOB	NATIONAL ORANGE CHICKEN DAY	CARNE ASADA TACOS	BREAKFAST FOR DINNER
Whole Grain/Grain Alternate	GARLIC BREAD	HERB COUSCOUS	ORANGE CHICKEN	CORN TORTILLA	TURKEY SAUSAGE LINKS
Vegetable or Fruit	ORANGE SMILES	CHERRY TOMATOES	BROWN RICE	SLICED APRICOTS	WHEAT TOAST
Vegetable	SAUTEED CABBAGE	SLICED BELL PEPPERS	SLICED PEACHES	REFRIED BEANS	RASPBERRIES
Fluid Milk	*MILK	* MILK	SUMMER SQUASH	*MILK	HASHBROWNS
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26
AM SNACK					
Meat/Meat Alternate	BUTTERED BISCUIT	WHEAT BREAD	BELL PEPPER STICKS	CAPRESE SKEWER	LOW SUGAR YOGURT
Whole Grain/Grain Alternate	FRUIT COCKTAIL	AVOCADO	CHICKPEA HUMMUS	MOZZARELLA BALLS	SLICED KIWI
Vegetable or Fruit				CHERRY TOMATOES	
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate	GRILLED CHICKEN CAESAR WRAP	TURKEY SLOPPY JOE	HONEY BAKED HAM	CHICKEN ALFREDO	BBQ PULLED PORK
Whole Grain/Grain Alternate	TORTILLA	SUB ROLL	HAWAIIAN ROLL	FETTUCCINE NOODLES	MAC N CHEESE
Vegetable or Fruit	ORANGE SMILES	HONEYDEW MELON	SLICED PEARS	SLICED STRAWBERRIES	BAKED BEANS
Vegetable	CHOPPED LETTUCE	CUCUMBER & RADISH SALAD (LINK)	HONEY GLAZED CARROTS	GREEN BEANS	GREEN PEAS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate	HAM PASTA SALAD	BEEF STIR FRY	SUNNY LEMON CHICKEN (LINK)	LOADED BEEF ENCHILADAS	ITALIAN CHICKEN & VEGGIE SHEET PAN (LINK)
Whole Grain/Grain Alternate	CURED HAM CUBES	WHITE RICE	CHICKEN BREAST	TORTILLAS	CHICKEN DRUMSTICKS
Vegetable or Fruit	ROTINI NOODLES	PINEAPPLE RINGS	GARLIC BREAD	TOSSED SALAD	WHEAT ROLL
Vegetable	BLACKBERRIES	MIXED VEGETABLES	RASPBERRIES	BLACK BEANS	SLICED PLUMS
Fluid Milk	CORN NIBLITS	* MILK	ROASTED CAULIFLOWER	*MILK	BRUSSELS SPROUTS
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 7/27/26	Tuesday 7/28/26	Wednesday 7/29/26	Thursday 7/30/26	Friday 7/31/26
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	COTTAGE CHEESE SLICED PEACHES WATER	CHEERIOS SLICED APRICOTS WATER	EGG SALAD SANDWICH WHITE BREAD WATER	PIZZA BITES MOZZARELLA CHEESE MINI BAGEL WATER	PITA POCKETS PEANUT/WOW/SOY BUTTER PITA BREAD APPLE SLICES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SHRIMP N GRITS GRITS PINEAPPLE RINGS ROASTED ASPARAGUS * MILK	PESTO PASTA WITH CHICKEN CHICKEN BREAST ROTINI NOODLES SLICED PLUMS CREAMED SPINACH * MILK	TUNA MELT WHEAT BREAD FRUIT COCKTAIL COLE SLAW *MILK	NATIONAL CHICKEN & WAFFLES BAKED CHICKEN WAFFLES SLICED KIWI TATER TOTS *MILK	GROUND BEEF STUFFED PEPPERS BROWN RICE SLICED PEACHES BELL PEPPER *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL CHICKEN FINGER DAY CHICKEN FINGERS TEXAS TOAST CANTALOUPE CHUNKS SWEET POTATO FRIES *MILK	ROASTED TURKEY W/ GRAVY BREADSTICK WATERMELON SHAPES STEAMED ZUCCHINI *MILK	NATIONAL LASAGNA DAY BEEF LASAGNA LASAGNA NOODLES SLICED CUCUMBERS PEAS & CARROTS *MILK	BLACK BEAN BURGER HAMBURGER BUN SLICED MANGO GARLIC BROCCOLI *MILK	HAM AND CHEDDAR SLIDERS HAWAII ROLLS HONEYDEW MELON CHUNKS CORN NIBLITS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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