

# Harvest of the month: Peaches July 2026

			Wednesday 7/1/26	Thursday 7/2/26	Friday 7/3/26
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			CHEERIOS BANANA *MILK	BREAKFAST BOWL SCRAMBLED EGGS DICED POTATOES *MILK	OATMEAL WARMED PEACHES *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			TURKEY & PROVOLONE PANINI WHEAT BREAD PEAR HALVES GREEN BEANS * MILK	TERIYAKI SHRIMP FRIED RICE PINEAPPLE RINGS BABY CARROTS *MILK	BAKED FISH FILLET CORNBREAD COLESLAW ROASTED BRUSSELS SPROUTS *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			<b>PIZZA KABOB (LINK)</b> TURKEY PEPPERONI (CN OR PFS LABEL) MOZZARELLA CHEESE PITA BREAD WATER	CHEESE CRACKERS GROOVY GRAPES  WATER	GRAHAM CRACKERS SLICED APRICOTS  WATER
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/>	<input type="checkbox"/>			
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			STEAK FINGERS HAWAIIAN ROLL SLICED PLUMS STEAMED CAULIFLOWER * MILK	CHICKEN SLIDERS MINI HAMBURGER BUN HONEYDEW MELON CHUNKS PEAS & CARROTS *MILK	<b>NATIONAL EAT BEANS DAY</b> BEAN & CHEESE QUESADILLA TORTILLA MANGO CHUNKS TOSSED SALAD * MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				
	The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 7/6/26	Tuesday 7/7/26	Wednesday 7/8/26	Thursday 7/9/26	Friday 7/10/26
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRENCH TOAST BLACKBERRIES *MILK	GRITS RASPBERRIES *MILK	NATIONAL BLUEBERRY DAY MINI PANCAKES BLUEBERRIES *MILK	BUTTERED ENGLISH MUFFIN APRICOT HALVES *MILK	SAUSAGE BISCUIT SLICED PLUMS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SPAGHETTI & MEATBALLS NOODLES ROASTED EGGPLANT CAESAR SALAD *MILK	CHICKEN CURRY BROWN RICE SLICED PAPAYA SAUTEED PEPPERS *MILK	XTRA CHEESE PIZZA PIZZA CRUST SLICED KIWI MIXED VEGETABLES * MILK	PORK POT ROAST HAWAIIAN ROLL PINEAPPLE CHUNKS BLACKKEYED PEAS *MILK	NATIONAL FRENCH FRIES DAY BEEF SLOPPY JOE MINI BURGER BUNS HONEYDEW CHUNKS BAKED FRENCH FRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PITA CHIPS CHICKPEA HUMMUS	HAM & CHEESE PINWHEEL DELI HAM TORTILLA	ANIMAL CRACKERS 100% BERRY JUICE	SALTINE CRACKERS SAVORY TUNA SALAD	FROSTED MINI WHEATS SLICED PAPAYA
	WATER	WATER	WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY BURGER HAMBURGER BUN MANDARINS LIMA BEANS *MILK	GRILLED PORK CHOPS HUSH PUPPIES SLICED PEACHES COLLARD GREENS * MILK	BEEF PHILLY CHEESE STEAK SUB ROLL FRUIT COCKTAIL SAUTEED ZUCCHINI * MILK	HAWAIIAN CHICKEN WRAP (LINK) TORTILLA SLICED MANGO GREEN PEAS *MILK	SAUTEED TOFU FRIED RICE CANTALOUPE CHUNKS SNAP PEAS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					
The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					

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	Monday 7/13/26	Tuesday 7/14/26	Wednesday 7/15/26	Thursday 7/16/26	Friday 7/17/26
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MINI BAGELS CANTALOUPE CHUNKS *MILK	CREAM OF WHEAT APPLES SLICES *MILK	WAFFLE TRIANGLES GROOVY GRAPES *MILK	KIX CEREAL TURKEY BACON (CN OR PFS LABEL) SLICED PLUMS *MILK	HOMEMADE EGG BITES GRAPEFRUIT WEDGES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF MEATLOAF WHITE RICE ROASTED OKRA BAKED BEANS *MILK	<b>NATIONAL MAC-N-CHEESE DAY</b> XTRA CHEDDAR CHEESE MACARONI PASTA BLACKBERRIES ROASTED ZUCCHINI *MILK	BAKED FISH STICKS BREAD STICK MASHED POTATOES STEAMED ASPARAGUS * MILK	<b>FRESH SPINACH DAY</b> TURKEY MEATBALLS BUTTERED NOODLES SLICED PEARS SPINACH SALAD *MILK	WARM HAM & CHEESE CROSSAINT HONEYDEW MELON CHUNKS GREEN BEANS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEESY BROCCOLI TOTS (LINK) SHREDDED CHEESE BROCCOLI FLORETS  WATER	PRETZELS RAISINS  WATER	CHEESEY BREAD PINEAPPLE RINGS  WATER	SUNCHIPS SLICED KIWI  WATER	CHEERIOS SLICED BANANA  WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROTISSERIE CHICKEN GARLIC BREAD ORANGE SMILES SAUTEED CABBAGE *MILK	GRILLED SHRIMP KABOB HERB COUSCOUS CHERRY TOMATOES SLICED BELL PEPPERS * MILK	<b>NATIONAL ORANGE CHICKEN DAY</b> ORANGE CHICKEN BROWN RICE SLICED PEACHES SUMMER SQUASH * MILK	CARNE ASADA TACOS CORN TORTILLA SLICED APRICOTS REFRIED BEANS *MILK	BREAKFAST FOR DINNER TURKEY SAUSAGE LINKS WHEAT TOAST RASPBERRIES HASHBROWNS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRITS SLICED PAPAYA *MILK	WAFFLES SLICED NECTARINES *MILK	BREAKFAST BURRITO WARM TORTILLA SCRAMBLED EGGS HASHBROWNS *MILK	<b>NATIONAL MANGO DAY</b> CHICKEN BISCUIT SLICED MANGO * MILK	CROISSANT ORANGE SMILES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN CAESAR WRAP TORTILLA ORANGE SMILES CHOPPED LETTUCE *MILK	TURKEY SLOPPY JOE SUB ROLL HONEYDEW MELON CUCUMBER & RADISH SALAD (LINK) *MILK	HONEY BAKED HAM HAWAIIAN ROLL SLICED PEARS HONEY GLAZED CARROTS * MILK	CHICKEN ALFREDO FETTUCCINE NOODLES SLICED STRAWBERRIES GREEN BEANS *MILK	BBQ PULLED PORK MAC N CHEESE BAKED BEANS GREEN PEAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>	STRING CHEESE CANTALOUPE CHUNKS WATER	APPLESAUCE MINI BAGELS WATER	HOMEMADE TRAIL MIX RAISINS PRETZELS	GRAHAM CRACKERS SLICED PAPAYA WATER	XTRA CHEESE QUESADILLA TORTILLA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM PASTA SALAD CURED HAM CUBES ROTINI NOODLES BLACKBERRIES CORN NIBLITS *MILK	BEEF STIR FRY WHITE RICE PINEAPPLE RINGS MIXED VEGETABLES * MILK	SUNNY LEMON CHICKEN (LINK) CHICKEN BREAST GARLIC BREAD RASPBERRIES ROASTED CAULIFLOWER * MILK	LOADED BEEF ENCHILADAS TORTILLAS TOSSED SALAD BLACK BEANS *MILK	ITALIAN CHICKEN & VEGGIE SHEET PAN (LINK) CHICKEN DRUMSTICKS WHEAT ROLL SLICED PLUMS BRUSSELS SPROUTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 7/27/26	Tuesday 7/28/26	Wednesday 7/29/26	Thursday 7/30/26	Friday 7/31/26
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SAUSAGE BISCUIT PEAR HALVES *MILK	OVERNIGHT OATS (LINK) HASHBROWNS *MILK	FRENCH TOAST STICKS SLICED BANANA *MILK	EGG OMELETTE PINEAPPLE RINGS *MILK	<b>NATIONAL AVOCADO DAY</b> SOURDOUGH BREAD AVOCADO SLICES TURKEY BACON (CN OR PFS) *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SHRIMP N GRITS GRITS PINEAPPLE RINGS ROASTED ASPARAGUS * MILK	PESTO PASTA WITH CHICKEN CHICKEN BREAST ROTINI NOODLES SLICED PLUMS CREAMED SPINACH * MILK	TUNA MELT WHEAT BREAD FRUIT COCKTAIL COLE SLAW *MILK	<b>NATIONAL CHICKEN &amp; WAFFLES</b> BAKED CHICKEN WAFFLES SLICED KIWI TATER TOTS *MILK	GROUND BEEF STUFFED PEPPERS BROWN RICE SLICED PEACHES BELL PEPPER *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SUNCHIPS BLACKBERRIES  WATER	PRETZEL RODS GRAPEFRUIT WEDGES  WATER	MINI MUFFINS 100% BERRY JUICE  WATER	PASTA SALAD RAINBOW CARROTS W/HUMMUS  WATER	KIX CEREAL GROOVY GRAPES  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	<b>NATIONAL CHICKEN FINGER DAY</b> CHICKEN FINGERS TEXAS TOAST CANTALOUPE CHUNKS SWEET POTATO FRIES *MILK	ROASTED TURKEY W/ GRAVY BREADSTICK WATERMELON SHAPES STEAMED ZUCCHINI *MILK	<b>NATIONAL LASAGNA DAY</b> BEEF LASAGNA LASAGNA NOODLES SLICED CUCUMBERS PEAS & CARROTS *MILK	BLACK BEAN BURGER HAMBURGER BUN SLICED MANGO GARLIC BROCCOLI *MILK	HAM AND CHEDDAR SLIDERS HAWAIIAN ROLLS HONEYDEW MELON CHUNKS CORN NIBLITS *MILK
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				