

Harvest of the month: Peaches July 2026

			Wednesday 7/1/26	Thursday 7/2/26	Friday 7/3/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			CHEERIOS BANANA *MILK	BREAKFAST BOWL SCRAMBLED EGGS DICED POTATOES *MILK	OATMEAL WARMED PEACHES *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			TURKEY & PROVOLONE PANINI WHEAT BREAD PEAR HALVES GREEN BEANS * MILK	TERIYAKI SHRIMP FRIED RICE PINEAPPLE RINGS BABY CARROTS *MILK	BAKED FISH FILLET CORNBREAD COLESLAW ROASTED BRUSSELS SPROUTS *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS			PIZZA KABOB (LINK) TURKEY PEPPERONI (CN OR PFS LABEL) MOZZARELLA CHEESE PITA BREAD WATER	CHEESE CRACKERS GROOVY GRAPES WATER	GRAHAM CRACKERS SLICED APRICOTS WATER
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			STEAK FINGERS HAWAIIAN ROLL SLICED PLUMS STEAMED CAULIFLOWER * MILK	CHICKEN SLIDERS MINI HAMBURGER BUN HONEYDEW MELON CHUNKS PEAS & CARROTS *MILK	NATIONAL EAT BEANS DAY BEAN & CHEESE QUESADILLA TORTILLA MANGO CHUNKS TOSSED SALAD * MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS			SUN CHIPS WATERMELON SMILES WATER	ANTS ON A LOG PEANUT/SOY/WOW BUTTER CELERY STICKS RAISINS WATER	AVOCADO RICE CAKE RICE CAKE AVOCADO & CHERRY TOMATOES WATER
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					

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	Monday 7/6/26	Tuesday 7/7/26	Wednesday 7/8/26	Thursday 7/9/26	Friday 7/10/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRENCH TOAST BLACKBERRIES *MILK	GRITS RASPBERRIES *MILK	NATIONAL BLUEBERRY DAY MINI PANCAKES BLUEBERRIES *MILK	BUTTERED ENGLISH MUFFIN APRICOT HALVES *MILK	SAUSAGE BISCUIT SLICED PLUMS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SPAGHETTI & MEATBALLS NOODLES ROASTED EGGPLANT CAESAR SALAD *MILK	CHICKEN CURRY BROWN RICE SLICED PAPAYA SAUTEED PEPPERS *MILK	XTRA CHEESE PIZZA PIZZA CRUST SLICED KIWI MIXED VEGETABLES * MILK	PORK POT ROAST HAWAIIAN ROLL PINEAPPLE CHUNKS BLACKEYED PEAS *MILK	NATIONAL FRENCH FRIES DAY BEEF SLOPPY JOE MINI BURGER BUNS HONEYDEW CHUNKS BAKED FRENCH FRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	PITA CHIPS CHICKPEA HUMMUS WATER	HAM & CHEESE PINWHEEL DELI HAM TORTILLA WATER	ANIMAL CRACKERS 100% BERRY JUICE WATER	SALTINE CRACKERS SAVORY TUNA SALAD WATER	FROSTED MINI WHEATS SLICED PAPAYA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY BURGER HAMBURGER BUN MANDARINS LIMA BEANS *MILK	GRILLED PORK CHOPS HUSH PUPPIES SLICED PEACHES COLLARD GREENS * MILK	BEEF PHILLY CHEESE STEAK SUB ROLL FRUIT COCKTAIL SAUTEED ZUCCHINI * MILK	HAWAIIAN CHICKEN WRAP (LINK) TORTILLA SLICED MANGO GREEN PEAS *MILK	SAUTEED TOFU FRIED RICE CANTALOUPE CHUNKS SNAP PEAS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	KIX CEREAL 100% GRAPE JUICE	CHEESE CRACKERS WATERMELON SHAPES WATER	BABY CARROTS YOGURT DIP WATER	SESAME STICKS STRING CHEESE WATER	WHEAT CRACKERS FRESH GUACOMOLE WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					
The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					

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	Monday 7/13/26	Tuesday 7/14/26	Wednesday 7/15/26	Thursday 7/16/26	Friday 7/17/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MINI BAGELS CANTALOUPE CHUNKS *MILK	CREAM OF WHEAT APPLES SLICES *MILK	WAFFLE TRIANGLES GROOVY GRAPES *MILK	KIX CEREAL TURKEY BACON (CN OR PFS LABEL) SLICED PLUMS *MILK	HOMEMADE EGG BITES GRAPEFRUIT WEDGES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF MEATLOAF WHITE RICE ROASTED OKRA BAKED BEANS *MILK	NATIONAL MAC-N-CHEESE DAY XTRA CHEDDAR CHEESE MACARONI PASTA BLACKBERRIES ROASTED ZUCCHINI *MILK	BAKED FISH STICKS BREAD STICK MASHED POTATOES STEAMED ASPARAGUS * MILK	FRESH SPINACH DAY TURKEY MEATBALLS BUTTERED NOODLES SLICED PEARS SPINACH SALAD *MILK	WARM HAM & CHEESE CROSSAINT HONEYDEW MELON CHUNKS GREEN BEANS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CHEESY BROCCOLI TOTS (LINK) SHREDDED CHEESE BROCCOLI FLORETS WATER	PRETZELS RAISINS WATER	CHEESEY BREAD PINEAPPLE RINGS WATER	SUNCHIPS SLICED KIWI WATER	CHEERIOS SLICED BANANA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk TWO COMPONENTS	ROTISSERIE CHICKEN GARLIC BREAD ORANGE SMILES SAUTEED CABBAGE *MILK	GRILLED SHRIMP KABOB HERB COUSCOUS CHERRY TOMATOES SLICED BELL PEPPERS * MILK	NATIONAL ORANGE CHICKEN DAY ORANGE CHICKEN BROWN RICE SLICED PEACHES SUMMER SQUASH * MILK	CARNE ASADA TACOS CORN TORTILLA SLICED APRICOTS REFRIED BEANS *MILK	BREAKFAST FOR DINNER TURKEY SAUSAGE LINKS WHEAT TOAST RASPBERRIES HASHBROWNS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CAULIFLOWER FLORETS YOGURT DIP WATER	CLUB CRACKERS FRUIT COCKTAIL WATER	RICE CAKE PEANUT/SOY/WOW BUTTER WATER	ANIMAL CRACKERS DATES WATER	RITZ CRACKERS CHICKEN SALAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GRITS SLICED PAPAYA *MILK	WAFFLES SLICED NECTARINES *MILK	BREAKFAST BURRITO WARM TORTILLA SCRAMBLED EGGS HASHBROWNS *MILK	NATIONAL MANGO DAY CHICKEN BISCUIT SLICED MANGO * MILK	CROISSANT ORANGE SMILES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN CAESAR WRAP TORTILLA ORANGE SMILES CHOPPED LETTUCE *MILK	TURKEY SLOPPY JOE SUB ROLL HONEYDEW MELON CUCUMBER & RADISH SALAD (LINK) *MILK	HONEY BAKED HAM HAWAIIAN ROLL SLICED PEARS HONEY GLAZED CARROTS * MILK	CHICKEN ALFREDO FETTUCCINE NOODLES SLICED STRAWBERRIES GREEN BEANS *MILK	BBQ PULLED PORK MAC N CHEESE BAKED BEANS GREEN PEAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	STRING CHEESE CANTALOUPE CHUNKS WATER	APPLESAUCE MINI BAGELS WATER	HOMEMADE TRAIL MIX RAISINS PRETZELS	GRAHAM CRACKERS SLICED PAPAYA WATER	XTRA CHEESE QUESADILLA TORTILLA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM PASTA SALAD CURED HAM CUBES ROTINI NOODLES BLACKBERRIES CORN NIBLITS *MILK	BEEF STIR FRY WHITE RICE PINEAPPLE RINGS MIXED VEGETABLES * MILK	SUNNY LEMON CHICKEN (LINK) CHICKEN BREAST GARLIC BREAD RASPBERRIES ROASTED CAULIFLOWER * MILK	LOADED BEEF ENCHILADAS TORTILLAS TOSSED SALAD BLACK BEANS *MILK	ITALIAN CHICKEN & VEGGIE SHEET PAN (LINK) CHICKEN DRUMSTICKS WHEAT ROLL SLICED PLUMS BRUSSELS SPROUTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SALTINE CRACKERS WATERMELON SHAPES WATER	CHEESE CRACKERS SLICED PEACHES WATER	FRUIT & VEGGIE CUP GROOVY GRAPES SUGAR SNAP PEAS WATER	FROSTED MINI WHEATS 100% GRAPE JUICE	RITZ CRACKERS PEANUT/WOW/SOY BUTTER WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 7/27/26	Tuesday 7/28/26	Wednesday 7/29/26	Thursday 7/30/26	Friday 7/31/26
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SAUSAGE BISCUIT PEAR HALVES *MILK	OVERNIGHT OATS (LINK) HASHBROWNS *MILK	FRENCH TOAST STICKS SLICED BANANA *MILK	EGG OMELETTE PINEAPPLE RINGS *MILK	NATIONAL AVOCADO DAY SOURDOUGH BREAD AVOCADO SLICES TURKEY BACON (CN OR PFS) *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SHRIMP N GRITS GRITS PINEAPPLE RINGS ROASTED ASPARAGUS * MILK	PESTO PASTA WITH CHICKEN CHICKEN BREAST ROTINI NOODLES SLICED PLUMS CREAMED SPINACH * MILK	TUNA MELT WHEAT BREAD FRUIT COCKTAIL COLE SLAW *MILK	NATIONAL CHICKEN & WAFFLES BAKED CHICKEN WAFFLES SLICED KIWI TATER TOTS *MILK	GROUND BEEF STUFFED PEPPERS BROWN RICE SLICED PEACHES BELL PEPPER *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SUNCHIPS BLACKBERRIES	PRETZEL RODS GRAPEFRUIT WEDGES	MINI MUFFINS 100% BERRY JUICE	PASTA SALAD RAINBOW CARROTS W/HUMMUS	KIX CEREAL GROOVY GRAPES
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL CHICKEN FINGER DAY CHICKEN FINGERS TEXAS TOAST CANTALOUPE CHUNKS SWEET POTATO FRIES *MILK	ROASTED TURKEY W/ GRAVY BREADSTICK WATERMELON SHAPES STEAMED ZUCCHINI *MILK	NATIONAL LASAGNA DAY BEEF LASAGNA LASAGNA NOODLES SLICED CUCUMBERS PEAS & CARROTS *MILK	BLACK BEAN BURGER HAMBURGER BUN SLICED MANGO GARLIC BROCCOLI *MILK
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PITA CHIPS GUACOMOLE	CLUB CRACKERS BLUEBERRY SMOOTHIE	SESAME STICKS DATES	CHEESE CRACKERS SLICED STRAWBERRIES
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PITA CHIPS GUACOMOLE	CLUB CRACKERS BLUEBERRY SMOOTHIE	SESAME STICKS DATES	CHEESE CRACKERS SLICED STRAWBERRIES
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PITA CHIPS GUACOMOLE	CLUB CRACKERS BLUEBERRY SMOOTHIE	SESAME STICKS DATES	CHEESE CRACKERS SLICED STRAWBERRIES
TWO COMPONENTS					
<input type="checkbox"/> Whole Grain					
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