

# Harvest of the month: Peaches July 2026

			Wednesday 7/1/26	Thursday 7/2/26	Friday 7/3/26
<b>LUNCH</b>					
Meat/Meat Alternate			TURKEY & PROVOLONE PANINI	TERIYAKI SHRIMP	BAKED FISH FILLET
Whole Grain/Grain Alternate			WHEAT BREAD	FRIED RICE	CORNBREAD
Vegetable or Fruit			PEAR HALVES	PINEAPPLE RINGS	COLESLAW
Vegetable			GREEN BEANS	BABY CARROTS	ROASTED BRUSSELS SPROUTS
Fluid Milk			* MILK	*MILK	*MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b>			<b>PIZZA KABOB (LINK)</b>		
Meat/Meat Alternate			TURKEY PEPPERONI (CN OR PFS LABEL)	CHEESE CRACKERS	GRAHAM CRACKERS
Whole Grain/Grain Alternate			MOZZARELLA CHEESE	GROOVY GRAPES	SLICED APRICOTS
Vegetable or Fruit			PITA BREAD		
Fluid Milk			WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b>					<b>NATIONAL EAT BEANS DAY</b>
Meat/Meat Alternate			STEAK FINGERS	CHICKEN SLIDERS	BEAN & CHEESE QUESADILLA
Whole Grain/Grain Alternate			HAWAIIAN ROLL	MINI HAMBURGER BUN	TORTILLA
Vegetable or Fruit			SLICED PLUMS	HONEYDEW MELON CHUNKS	MANGO CHUNKS
Vegetable			STEAMED CAULIFLOWER	PEAS & CARROTS	TOSSED SALAD
Fluid Milk			* MILK	*MILK	* MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					

# Harvest of the month: Peaches July 2026

	Monday 7/6/26	Tuesday 7/7/26	Wednesday 7/8/26	Thursday 7/9/26	Friday 7/10/26
<b>LUNCH</b>					<b>NATIONAL FRENCH FRIES DAY</b>
Meat/Meat Alternate	SPAGHETTI & MEATBALLS	CHICKEN CURRY	XTRA CHEESE PIZZA	PORK POT ROAST	BEEF SLOPPY JOE
Whole Grain/Grain Alternate	NOODLES	BROWN RICE	PIZZA CRUST	HAWAIIAN ROLL	MINI BURGER BUNS
Vegetable or Fruit	ROASTED EGGPLANT	SLICED PAPAYA	SLICED KIWI	PINEAPPLE CHUNKS	HONEYDEW CHUNKS
Vegetable	CAESAR SALAD	SAUTEED PEPPERS	MIXED VEGETABLES	BLACKEYED PEAS	BAKED FRENCH FRIES
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b>					
Meat/Meat Alternate	PITA CHIPS	HAM & CHEESE PINWHEEL	ANIMAL CRACKERS	SALTINE CRACKERS	FROSTED MINI WHEATS
Whole Grain/Grain Alternate	CHICKPEA HUMMUS	DELI HAM	100% BERRY JUICE	SAVORY TUNA SALAD	SLICED PAPAYA
Vegetable or Fruit		TORTILLA			
Fluid Milk	WATER	WATER	WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b>					
Meat/Meat Alternate	TURKEY BURGER	GRILLED PORK CHOPS	BEEF PHILLY CHEESE STEAK	HAWAIIAN CHICKEN WRAP (LINK)	SAUTEED TOFU
Whole Grain/Grain Alternate	HAMBURGER BUN	HUSH PUPPIES	SUB ROLL	TORTILLA	FRIED RICE
Vegetable or Fruit	MANDARINS	SLICED PEACHES	FRUIT COCKTAIL	SLICED MANGO	CANTALOUPE CHUNKS
Vegetable	LIMA BEANS	COLLARD GREENS	SAUTEED ZUCCHINI	GREEN PEAS	SNAP PEAS
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				
	The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

# Harvest of the month: Peaches July 2026

	Monday 7/13/26	Tuesday 7/14/26	Wednesday 7/15/26	Thursday 7/16/26	Friday 7/17/26
<b>LUNCH</b>		<b>NATIONAL MAC-N-CHEESE DAY</b>		<b>FRESH SPINACH DAY</b>	
Meat/Meat Alternate	BEEF MEATLOAF	XTRA CHEDDAR CHEESE	BAKED FISH STICKS	TURKEY MEATBALLS	WARM HAM & CHEESE
Whole Grain/Grain Alternate	WHITE RICE	MACARONI PASTA	BREAD STICK	BUTTERED NOODLES	CROSSAINT
Vegetable or Fruit	ROASTED OKRA	BLACKBERRIES	MASHED POTATOES	SLICED PEARS	HONEYDEW MELON CHUNKS
Vegetable	BAKED BEANS	ROASTED ZUCCHINI	STEAMED ASPARAGUS	SPINACH SALAD	GREEN BEANS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b>	<b>CHEESY BROCCOLI TOTS (LINK)</b>				
Meat/Meat Alternate	SHREDDED CHEESE	PRETZELS	CHEESEY BREAD	SUNCHIPS	CHEERIOS
Whole Grain/Grain Alternate	BROCCOLI FLORETS	RAISINS	PINEAPPLE RINGS	SLICED KIWI	SLICED BANANA
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b>			<b>NATIONAL ORANGE CHICKEN DAY</b>		
Meat/Meat Alternate	ROTISSERIE CHICKEN	GRILLED SHRIMP KABOB	ORANGE CHICKEN	CARNE ASADA TACOS	BREAKFAST FOR DINNER
Whole Grain/Grain Alternate	GARLIC BREAD	HERB COUSCOUS	BROWN RICE	CORN TORTILLA	TURKEY SAUSAGE LINKS
Vegetable or Fruit	ORANGE SMILES	CHERRY TOMATOES	SLICED PEACHES	SLICED APRICOTS	WHEAT TOAST
Vegetable	SAUTEED CABBAGE	SLICED BELL PEPPERS	SUMMER SQUASH	REFRIED BEANS	RASPBERRIES
Fluid Milk	*MILK	* MILK	* MILK	*MILK	HASHBROWNS
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					

# Harvest of the month: Peaches July 2026

	Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26
<b>LUNCH</b>					
Meat/Meat Alternate	GRILLED CHICKEN CAESAR WRAP	TURKEY SLOPPY JOE	HONEY BAKED HAM	CHICKEN ALFREDO	BBQ PULLED PORK
Whole Grain/Grain Alternate	TORTILLA	SUB ROLL	HAWAIIAN ROLL	FETTUCCINE NOODLES	MAC N CHEESE
Vegetable or Fruit	ORANGE SMILES	HONEYDEW MELON	SLICED PEARS	SLICED STRAWBERRIES	BAKED BEANS
Vegetable	CHOPPED LETTUCE	CUCUMBER & RADISH SALAD (LINK)	HONEY GLAZED CARROTS	GREEN BEANS	GREEN PEAS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b>					
Meat/Meat Alternate	STRING CHEESE	APPLESAUCE	HOMEMADE TRAIL MIX	GRAHAM CRACKERS	XTRA CHEESE QUESADILLA
Whole Grain/Grain Alternate	CANTALOUPE CHUNKS	MINI BAGELS	RAISINS	SLICED PAPAYA	TORTILLA
Vegetable or Fruit			100% BERRY JUICE		
Fluid Milk	WATER	WATER		WATER	WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b>					
Meat/Meat Alternate	HAM PASTA SALAD	BEEF STIR FRY	SUNNY LEMON CHICKEN (LINK)	LOADED BEEF ENCHILADAS	ITALIAN CHICKEN & VEGGIE SHEET PAN (LINK)
Whole Grain/Grain Alternate	CURED HAM CUBES	WHITE RICE	CHICKEN BREAST	TORTILLAS	CHICKEN DRUMSTICKS
Vegetable or Fruit	ROTINI NOODLES	PINEAPPLE RINGS	GARLIC BREAD	TOSSSED SALAD	WHEAT ROLL
Vegetable	BLACKBERRIES	MIXED VEGETABLES	RASPBERRIES	BLACK BEANS	SLICED PLUMS
Fluid Milk	CORN NIBLITS	* MILK	ROASTED CAULIFLOWER	*MILK	BRUSSELS SPROUTS
	*MILK		* MILK		* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					

# Harvest of the month: Peaches July 2026

	Monday 7/27/26	Tuesday 7/28/26	Wednesday 7/29/26	Thursday 7/30/26	Friday 7/31/26
<b>LUNCH</b>				<b>NATIONAL CHICKEN &amp; WAFFLES</b>	
Meat/Meat Alternate	SHRIMP N GRITS	PESTO PASTA WITH CHICKEN	TUNA MELT	BAKED CHICKEN	GROUND BEEF STUFFED PEPPERS
Whole Grain/Grain Alternate	GRITS	CHICKEN BREAST	WHEAT BREAD	WAFFLES	BROWN RICE
Vegetable or Fruit	PINEAPPLE RINGS	ROTONI NOODLES	FRUIT COCKTAIL	SLICED KIWI	SLICED PEACHES
Vegetable	ROASTED ASPARAGUS	SLICED PLUMS	COLE SLAW	TATER TOTS	BELL PEPPER
Fluid Milk	* MILK	CREAMED SPINACH	*MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b>					
Meat/Meat Alternate	SUNCHIPS	PRETZEL RODS	MINI MUFFINS	PASTA SALAD	KIX CEREAL
Whole Grain/Grain Alternate	BLACKBERRIES	GRAPEFRUIT WEDGES	100% BERRY JUICE	RAINBOW CARROTS W/HUMMUS	GROOVY GRAPES
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b>	<b>NATIONAL CHICKEN FINGER DAY</b>		<b>NATIONAL LASAGNA DAY</b>		
Meat/Meat Alternate	CHICKEN FINGERS	ROASTED TURKEY W/ GRAVY	BEEF LASAGNA	BLACK BEAN BURGER	HAM AND CHEDDAR SLIDERS
Whole Grain/Grain Alternate	TEXAS TOAST	BREADSTICK	LASAGNA NOODLES	HAMBURGER BUN	HAWAIIAN ROLLS
Vegetable or Fruit	CANTALOUPE CHUNKS	WATERMELON SHAPES	SLICED CUCUMBERS	SLICED MANGO	HONEYDEW MELON CHUNKS
Vegetable	SWEET POTATO FRIES	STEAMED ZUCCHINI	PEAS & CARROTS	GARLIC BROCCOLI	CORN NIBLITS
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					