



	Monday 8/3/26	Tuesday 8/4/26	Wednesday 8/5/26	Thursday 8/6/26	Friday 8/7/26
LUNCH	NATIONAL WATERMELON DAY				BEAN TOSTADA (LINK)
Meat/Meat Alternate	BEEF HAMBURGER	TUNA SALAD SANDWICH	HOMEMADE BBQ CHICKEN PIZZA	ORANGE CHICKEN	PINTO BEANS
Whole Grain/Grain Alternate	HAMBURGER BUN	PITA BREAD POCKET	PIZZA CRUST	LO-MEIN NOODLES	TOSTADA SHELL
Vegetable or Fruit	WATERMELON SMILES	SLICED MANGO	SLICED KIWI	BLUEBERRIES	CORN NIBLITS
Vegetable	COLE SLAW	CUCUMBER & TOMATO SALAD	GREEN PEAS	STEAMED BROCCOLI	SLICED PAPAYA
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate	SUNCHIPS	CHEESE QUESADILLA	STRING CHEESE	GARDEN PARTY PINWHEEL	ANIMAL CRACKERS
Whole Grain/Grain Alternate	CELERY STICKS	BLACKBERRIES	FRUIT COCKTAIL	HUMMUS	WATERMELON CHUNKS
Vegetable or Fruit				WHOLE GRAIN TORTILLA	
Fluid Milk	WATER	WATER	WATER	SWEET PEPPERS (ASSORTED)	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER			NATIONAL COUSCOUS DAY		
Meat/Meat Alternate	PARMESAN CHICKEN TENDERS (LINK)	ROASTED TURKEY	STEAK TENDERS	TERIYAKI PORK LOIN	FISH STICKS
Whole Grain/Grain Alternate	HAWAAIN ROLL	GARLIC BREAD	COUSCOUS	RICE PILAF	CORNBREAD
Vegetable or Fruit	SLICED PAPAYA	COLLARD GREENS	SLICED NECTARINES	BLACKEYED PEAS	GROOVY GRAPES
Vegetable	GREEN BEANS	SWEET POTATO WEDGES	CREAMED SPINACH	SAUTEED CABBAGE	BAKED OKRA
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 8/10/26	Tuesday 8/11/26	Wednesday 8/12/26	Thursday 8/13/26	Friday 8/14/26
LUNCH		NATIONAL PANINI DAY			
Meat/Meat Alternate	BBQ PORK SLIDERS	HAM & CHEESE	MEDITERRANEAN BOWL	CHICKEN ALFREDO	GROUND BEEF TACO
Whole Grain/Grain Alternate	SLIDER BUN	TOASTED SOURDOUGH	GRILLED CHICKEN	PENNE PASTA	HARD/SOFT TACO SHELL
Vegetable or Fruit	ORANGE SMILES	SLICED APRICOTS	BROWN RICE	SLICED PEACHES	BLACK BEANS
Vegetable	ROASTED SQUASH	KALE SALAD	CHERRY TOMATOES	CAESAR SALAD	CORN NIBLITS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					☐
Meat/Meat Alternate	SUNRISE SMOOTHIE	SESAME STICKS	PITA CHIPS	RITZ CRACKERS	FRUIT & VEGGIE CUPS
Whole Grain/Grain Alternate	LOW SUGAR YOGURT	DRIED CRANBERRIES	CHICKPEA HUMMUS	CHEDDAR CHEESE CUBES	SLICED MANGO STICKS
Vegetable or Fruit	PINEAPPLE CHUNKS				BELL PEPPER STRIPS
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER			HAWAIIAN CHICKEN WRAP (LINK)		
Meat/Meat Alternate	BAKED LEMON CHICKEN	GRILLED SHRIMP	DICED CHICKEN	SMOTHERED PORK CHOPS	EXTRA CHEESE RAVIOLI
Whole Grain/Grain Alternate	ROLL	GRITS	TORTILLA	BREADSTICK	RAVIOLI PASTA
Vegetable or Fruit	ROASTED ASPARAGUS	SLICED PEARS	GROOVY GRAPES	FRUIT COCKTAIL	SLICED PLUMS
Vegetable	LIMA BEANS	PEAS & CARROTS	SAUTEED GREEN BEANS	MASHED POTATOES	ROASTED BROCCOLI
Fluid Milk	*MILK	* MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 8/17/26	Tuesday 8/18/26	Wednesday 8/19/26	Thursday 8/20/26	Friday 8/21/26
LUNCH					
Meat/Meat Alternate	CHICKEN NUGGETS	CHICKEN CHIMICHANGA (LINK)	GROUND TURKEY LETTUCE WRAP	BAKED FISH FILLET	BEEF FAJITAS
Whole Grain/Grain Alternate	BREADSTICK	TORTILLA	WILD RICE	CORNBREAD	TORTILLA
Vegetable or Fruit	BLUEBERRIES	HONEYDEW MELON	SLICED STRAWBERRIES	RASPBERRIES	SLICED PEARS
Vegetable	STEAMED ZUCCHINI	REFRIED BEANS	LEAF LETTUCE	PEAS & CARROTS	SAUTEED BELL PEPPERS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate	LOW SUGAR YOGURT PARFAIT	WARM CROSSAINT	CLUB CRACKERS	RICE CAKE	WATERMELON "POP" (LINK)
Whole Grain/Grain Alternate	CRUSHED GRAHAM CRACKERS	GROOVY GRAPES	PIMENTO CHEESE	PEANUT/WOW/SOY BUTTER	CHEERIOS
Vegetable or Fruit	MIXED BERRIES			BANANA SLICES	FROZEN WATERMELON
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER	NATIONAL EGGPLANT DAY		NATIONAL POTATO DAY		
Meat/Meat Alternate	GROUND BEEF CRUMBLES	SLICED HONEY HAM	SALISBURY STEAK	XTRA MAC N CHEESE	CRISPY CHICKEN THIGHS
Whole Grain/Grain Alternate	SPAGHETTI	GARLIC KNOT	HAWAIIAN ROLL	MACARONI NOODLES	TEXAS TOAST
Vegetable or Fruit	SLICED PEARS	CANTALOUPE CHUNKS	GREEN BEANS	SLICED PLUMS	PINEAPPLE RINGS
Vegetable	ROASTED EGGPLANT ROUNDS	ROASTED BRUSSELS SPROUTS	BAKED POTATO	COLLARD GREENS	ROASTED ZUCCHINI
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
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	Monday 8/24/26	Tuesday 8/25/26	Wednesday 8/26/26	Thursday 8/27/26	Friday 8/28/26
LUNCH	JI-YOUNG BEEF OVER RICE (LINK)				
Meat/Meat Alternate	GROUND BEEF	PHILLY CHEESE STEAK	SESAME TOFU	CHICKEN POT PIE	TUSCAN GRILLED CHEESE (LINK)
Whole Grain/Grain Alternate	BROWN RICE	SUB ROLL	WHITE RICE	BISCUIT	WHEAT BREAD
Vegetable or Fruit	MANGO CHUNKS	BLUEBERRIES	MIXED FRUIT	SLICED STRAWBERRIES	SLICED KIWI
Vegetable	GARLIC GREEN BEANS	PEAS & CARROTS	STEAMED BROCCOLI	LIMA BEANS	COLE SLAW
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate	ROASTED CHICKPEAS	ANIMAL CRACKERS	PITA CHIPS	PASTA SALAD	SUN CHIPS
Whole Grain/Grain Alternate	SLICED NECTARINES	RAISINS	PLUM SALSA	CHERRY TOMATOES	STRING CHEESE
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER		SWEET & SASSY CHICKEN (LINK)		NATIONAL BURGER DAY	
Meat/Meat Alternate	HOT HAM AND CHEESE	CHICKEN BREAST	GRILLED FISH TACOS	GROUND BEEF SMASH BURGER	SUMMER SLOW COOK ROAST
Whole Grain/Grain Alternate	CROSSAINT	CORNBREAD	TORTILLA	HAMBURGER BUN	BBQ PULLED PORK
Vegetable or Fruit	HONEYDEW MELON CHUNKS	ORANGE SMILES (SLICES)	SLICED PEACHES	SLICED PEARS	TEXAS TOAST
Vegetable	KALE SALAD	ROASTED ASPARAGUS	SWEET CORN	FRENCH FRIES	PINEAPPLE RINGS
Fluid Milk	*MILK	* MILK	* MILK	*MILK	OVEN ROASTED BRUSSEL SPROUTS
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
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	Monday 8/31/26				
LUNCH					
Meat/Meat Alternate	TURKEY MEATBALLS				
Whole Grain/Grain Alternate	SPAGHETTI NOODLES				
Vegetable or Fruit	WATERMELON CHUNKS				
Vegetable	CAESAR SALAD				
Fluid Milk	*MILK				
	☐ Whole Grain	☐	☐	☐	☐
PM SNACK	NATIONAL TRAIL MIX DAY				
Meat/Meat Alternate	RAISINS				
Whole Grain/Grain Alternate	MINI PRETZELS				
Vegetable or Fruit					
Fluid Milk	WATER				
TWO COMPONENTS	☐ Whole Grain	☐	☐	☐	☐
DINNER					
Meat/Meat Alternate	ROTISSERIE CHICKEN				
Whole Grain/Grain Alternate	HAWAIIAN ROLL				
Vegetable or Fruit	BLACK EYED PEAS				
Vegetable	STEAMED ZUCCHINI				
Fluid Milk	*MILK				
	☐ Whole Grain	☐	☐	☐	☐
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