



		Tuesday 9/1/2026	Wednesday 9/2/2026	Thursday 9/3/2026	Friday 9/4/2026
AM SNACK					
Meat/Meat Alternate		SUN CHIPS	MINI BAGEL	RASPBERRY PARTFAIT	TURKEY SAUSAGE LINKS (CN)
Whole Grain/Grain Alternate		CANTALOUPE CHUNKS	BLUEBERRIES	LOW SUGAR YOGURT	CREAM OF WHEAT
Vegetable or Fruit				CRUSHED GRAHAM CRACKER	
Fluid Milk		WATER	WATER	RASPBERRIES	WATER
TWO COMPONENTS	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH					
Meat/Meat Alternate		TURKEY MEATBALLS	CHICKEN SALAD SANDWICH	BAKED FISH FILLET	SHEET PAN CHICKEN FAJITAS
Whole Grain/Grain Alternate		SPAGHETTI	CROISSANT	CORNBREAD	CHICKEN BREASTS
Vegetable or Fruit		APRICOT HALVES	SLICED KIWI	COLLARD GREENS	TORTILLAS
Vegetable		GREEN BEANS	BABY CARROTS	SWEET PEAS	BLACKBERRIES
Fluid Milk		*MILK	* MILK	*MILK	BELL PEPPERS
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER		NATIONAL TOFU DAY			
Meat/Meat Alternate		SESAME TOFU	XTRA CHEESE PIZZA	BEEF POT ROAST	HONEY BAKED HAM
Whole Grain/Grain Alternate		BROWN RICE	PIZZA CRUST	WHITE RICE	GARLIC KNOT
Vegetable or Fruit		ORANGE SLICES	HONEYDEW MELON CHUNKS	CORN ON THE COB	WATERMELON CHUNKS
Vegetable		SAUTEED BROCCOLI	TOSSED SALAD	CREAMED SPINACH	ROASTED BRUSSELS SPROUTS
Fluid Milk		* MILK	*MILK	*MILK	* MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 9/7/2026	Tuesday 9/8/2026	Wednesday 9/9/2026	Thursday 9/10/2026	Friday 9/11/2026
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEESE QUESADILLA SLICED PEACHES WATER	CHEERIOS SLICED APRICOTS WATER	MINI PANCAKES STRAWBERRY HALVES WATER	KIX CEREAL SLICED NECTARINES WATER	BUTTERED ENGLISH MUFFIN HONEYDEW CHUNKS WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BLACK BEAN BURGER HAMBURGER BUN WATERMELON TRIANGLE COLESLAW *MILK	CHICKEN NUGGETS BREADSTICK GROOVY GRAPES PEAS & CARROTS *MILK	ROAST BEEF & SWISS SUB SUB ROLL SLICED PEARS MIXED VEGETABLES * MILK	TERIYAKI CHICKEN FRIED RICE SLICED PAPAYA GARLIC BROCCOLI *MILK	SHRIMP TACOS CORN TORTILLA BLACKBERRIES PICO DE GALLO *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SPAGHETTI SPAGHETTI NOODLES SLICED KIWI ROASTED EGGPLANT * MILK	BBQ PORK SLIDERS HAWAIIAN ROLL BAKED BEANS ROASTED YELLOW SQUASH *MILK	FISH STICKS CORNBREAD FRUIT COCKTAIL CREAMED CORN * MILK	SALISBURY STEAK DINNER ROLL PINEAPPLE RINGS MASHED POTATOES *MILK	CHEESY TUNA MELT (LINK) TUNA WHEAT BREAD KIWI SLICES CREAMED SPINACH * MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					
The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 9/14/2026	Tuesday 9/15/2026	Wednesday 9/16/2026	Thursday 9/17/2026	Friday 9/18/2026
AM SNACK		NATIONAL CHEESE TOAST DAY			CACFP SUNSHINE BOWL FRIDAY
Meat/Meat Alternate	CHICKPEA HUMMUS	CHEESE TOAST	CROISSANT	FRENCH TOAST STICKS	WHEAT CRACKERS
Whole Grain/Grain Alternate	BABY CARROTS	TANGERINE	HASHBROWNS	CANTALOUPE CHUNKS	COTTAGE CHEESE
Vegetable or Fruit					PINEAPPLE TIDBITS
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH	NATIONAL EAT A HOAGIE DAY				NATIONAL CHEESEBURGER DAY
Meat/Meat Alternate	TURKEY & CHEESE	POPCORN CHICKEN	BEAN & CHEESE BURRITO	CUBED HAM	BEEF CHEESEBURGER
Whole Grain/Grain Alternate	HOAGIE ROLL	HAWAIIAN ROLL	TORTILLA	MACARONI & CHEESE	HAMBURGER BUN
Vegetable or Fruit	PINEAPPLE RINGS	SLICED STRAWBERRIES	GROOVY GRAPES	SLICED PEACHES	ORANGE SMILES (SLICES)
Vegetable	GREEN BEANS	FRENCH FRIES	ROASTED BELL PEPPERS	PARMESAN ZUCCHINI "CHIPS"	STEAMED BROCCOLI
Fluid Milk	*MILK	*MILK	* MILK	(LINK) *MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	Whole Grain
DINNER		NATIONAL LINGUINE DAY			
Meat/Meat Alternate	SHREDDED CHICKEN NACHOS	SAUTEED SHRIMP	GROUND BEEF TACOS	CHICKEN GUMBO	BEEF LO-MEIN
Whole Grain/Grain Alternate	WG TORTILLA CHIPS	LINGUINE NOODLES	HARD TACO SHELL	BROWN RICE	LO-MEIN NOODLES
Vegetable or Fruit	SLICED PLUMS	ROASTED EGGPLANT	FRUIT COCKTAIL	BLACKBERRIES	SLICED MANGO
Vegetable	ZESTY CORN	CAESAR SALAD	PEAS & CARROTS	SAUTEED SPINACH	STIR FRY VEGGIES
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/21/2026	Tuesday 9/22/2026	Wednesday 9/23/2026	Thursday 9/24/2026	Friday 9/25/2026
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SESAME STICKS 100% BERRY JUICE ☐ Whole Grain	CACFP TACO TUESDAY TORTILLA SCRAMBELED EGGS SHREDDED CHEESE WATER ☐ Whole Grain	LOW SUGAR YOGURT BLUEBERRIES WATER ☐ Whole Grain	ANIMAL CRACKERS RAISINS WATER ☐ Whole Grain	TURKEY BACON (CN) CROSSAINT WATER ☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN TETRAZZINI (LINK) PENNE NOODLES ROASTED ASPARAGUS SAUTEED CABBAGE *MILK ☐ Whole Grain	BEEF & BROCCOLI STIR FRY FRIED RICE FRUIT COCKTAIL SAUTEED BROCCOLI *MILK ☐ Whole Grain	CHICKEN SALAD SANDWICH HAWAIIAN ROLLS RASPBERRIES MIXED VEGETABLES * MILK ☐ Whole Grain	TERIYAKI PORK LOIN WHITE RICE ROASTED YELLOW SQUASH GREEN BEANS *MILK ☐ Whole Grain	NATIONAL QUESADILLA DAY XTRA CHEDDAR CHEESE TORTILLA SLICED APRICOTS GREEN PEAS *MILK ☐ Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN NUGGETS BREADSTICK MIXED BERRIES CELERY STICKS *MILK ☐ Whole Grain	SALMON PATTIES (LINK) SALMON MACARONI NOODLES GROOVY GRAPES PEAS & CARROTS * MILK ☐ Whole Grain	BEEF MEATLOAF GARLIC BREAD PINEAPPLE RINGS LIMA BEANS * MILK ☐ Whole Grain	HOT HAM & CHEESE CROISSANT ORANGE SMILES (SLICES) MIXED VEGETABLES *MILK ☐ Whole Grain	ROTISSERIE CHICKEN HAWAIIAN ROLL SLICED PEARS STEAMED ZUCCHINI * MILK ☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/28/2026	Tuesday 9/29/2026	Wednesday 9/30/2026	☐	
AM SNACK					
Meat/Meat Alternate	PRETZEL STICKS	GRILLED CHEESE	BANANA SUSHI ROLL		
Whole Grain/Grain Alternate	CHICKPEA HUMMUS DIP	WHEAT BREAD	PEANUT/WOW/SOY BUTTER		
Vegetable or Fruit			WHEAT BREAD		
Fluid Milk	WATER	WATER	SLICED BANANA		
TWO COMPONENTS			WATER		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
LUNCH					
Meat/Meat Alternate	BREAKFAST FOR LUNCH	BBQ BEEF MEATBALLS	CHICKEN ALFREDO		
Whole Grain/Grain Alternate	TURKEY SAUSAGE PATTY (CN)	BROWN RICE	NOODLES		
Vegetable or Fruit	SCRAMBELED EGGS	WATERMELON CHUNKS	GROOVY GRAPES		
Vegetable	MIXED BERRIES	SAUTEED ASPARAGUS	SAUTEED BROCCOLI		
Fluid Milk	TATER TOTS	*MILK	*MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
DINNER					
Meat/Meat Alternate	GROUND TURKEY SLOPPY JOE	PORK CHOPS	BAKED SHRIMP		
Whole Grain/Grain Alternate	HAMBURGER BUN	TEXAS TOAST	GRITS		
Vegetable or Fruit	FRENCH FRIES	RASPBERRIES	SLICED MANGOES		
Vegetable	BAKED BEANS	BAKED ACORN SQUASH (LINK)	COLLARD GREENS		
Fluid Milk	*MILK	*MILK	*MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				