



		Tuesday 9/1/2026	Wednesday 9/2/2026	Thursday 9/3/2026	Friday 9/4/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		BREAKFAST BOWL SCRAMBELED EGGS SEASONED POTATOES *MILK	NATIONAL GRITS DAY GRITS SLICED PEACHES *MILK	FRENCH TOAST STICKS GRAPEFRUIT SMILES *MILK	FRUIT PIZZA ENGLISH MUFFIN (LINK) ENGLISH MUFFIN SLICED STRAWBERRIES CHEX CEREAL *MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		TURKEY MEATBALLS SPAGHETTI APRICOT HALVES GREEN BEANS *MILK	CHICKEN SALAD SANDWICH CROISSANT SLICED KIWI BABY CARROTS * MILK	BAKED FISH FILLET CORNBREAD COLLARD GREENS SWEET PEAS *MILK	SHEET PAN CHICKEN FAJITAS CHICKEN BREASTS TORTILLAS BLACKBERRIES BELL PEPPERS *MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		OYSTER CRACKERS SPLIT PEA SOUP WATER	CHEESE CRACKERS CELERY STICKS WATER	APPLE CINNAMON CRUNCH BURRITO (LINK) TORTILLA CHOPPED APPLES PEANUT/WOW/SOY BUTTER WATER	FRUIT & VEGGIE CUPS CUCUMBER STICKS PINEAPPLE STICKS WATER
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
TWO COMPONENTS	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 9/7/2026	Tuesday 9/8/2026	Wednesday 9/9/2026	Thursday 9/10/2026	Friday 9/11/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CACFP MUFFIN MONDAY BLUEBERRY MUFFIN HASHBROWNS 	MAPLE OATMEAL CINNAMON APPLES *MILK	FRENCH TOAST SQUARES (LINK) WHEAT BREAD SLICED MANGO *MILK	WAFFLE STICKS MANDARINS *MILK	CHICKEN BISCUIT WATERMELON CHUNKS *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BLACK BEAN BURGER HAMBURGER BUN WATERMELON TRIANGLE COLESLAW *MILK	CHICKEN NUGGETS BREADSTICK GROOVY GRAPES PEAS & CARROTS *MILK	ROAST BEEF & SWISS SUB SUB ROLL SLICED PEARS MIXED VEGETABLES * MILK	TERIYAKI CHICKEN FRIED RICE SLICED PAPAYA GARLIC BROCCOLI *MILK	SHRIMP TACOS CORN TORTILLA BLACKBERRIES PICO DE GALLO *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ANIMAL CRACKERS SLICED PLUMS WATER	BISCUIT PIZZA (LINK) FLAKY BISCUITS MOZZARELLA STICKS MINI PEPPERONI WATER	SUN CHIPS BLUEBERRIES WATER	NATIONAL ANTS ON A LOG PEANUT/WOW/SOY BUTTER CELERY STICKS RAISINS WATER	SALTINE CRACKERS VEGETABLE SOUP WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 9/14/2026	Tuesday 9/15/2026	Wednesday 9/16/2026	Thursday 9/17/2026	Friday 9/18/2026
BREAKFAST					
Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	KIX CEREAL RASPBERRIES *MILK	CREAM OF WHEAT PEAR HALVES *MILK	NATIONAL CINNAMON RAISIN BREAD DAY CINNAMON RAISIN TOAST BLUEBERRIES *MILK	BOILED EGGS GRAPEFRUIT SMILES *MILK	BUTTERED ENGLISH MUFFIN APRICOT HALVES *MILK
☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH					
Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL EAT A HOAGIE DAY TURKEY & CHEESE HOAGIE ROLL PINEAPPLE RINGS GREEN BEANS *MILK	POPCORN CHICKEN HAWAIIAN ROLL SLICED STRAWBERRIES FRENCH FRIES *MILK	BEAN & CHEESE BURRITO TORTILLA GROOVY GRAPES ROASTED BELL PEPPERS * MILK	CUBED HAM MACARONI & CHEESE SLICED PEACHES PARMESAN ZUCCHINI "CHIPS" (LINK) *MILK	NATIONAL CHEESEBURGER DAY BEEF CHEESEBUGER HAMBURGER BUN ORANGE SMILES (SLICES) STEAMED BROCCOLI *MILK
☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PEACH SMOOTHIE CHEESE CRACKERS WATER	RICE CAKE AVOCADO SPREAD CHERRY TOMATOES WATER	MINI MUFFINS SLICED KIWI WATER	CAULIFLOWER FLORETS YOGURT DIP WATER	STRING CHEESE HONEYDEW MELON CHUNKS WATER
☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
TWO COMPONENTS	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/21/2026	Tuesday 9/22/2026	Wednesday 9/23/2026	Thursday 9/24/2026	Friday 9/25/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MINI BAGELS SLICED PLUMS *MILK	CHEERIOS BLACKBERRIES *MILK	GO BANANAS OATMEAL (LINK) OATMEAL SLICED BANANAS *MILK	BIRD'S NEST TOAST WHEAT BREAD EGG SLICED PAPAYA *MILK	CACFP FLAPJACK FRIDAY MINI PANCAKES SLICED KIWI *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN TETRAZZINI (LINK) PENNE NOODLES ROASTED ASPARAGUS SAUTEED CABBAGE *MILK	BEEF & BROCCOLI STIR FRY FRIED RICE FRUIT COCKTAIL SAUTEED BROCCOLI *MILK	CHICKEN SALAD SANDWICH HAWAIIAN ROLLS RASPBERRIES MIXED VEGETABLES * MILK	TERIYAKI PORK LOIN WHITE RICE ROASTED YELLOW SQUASH GREEN BEANS *MILK	NATIONAL QUESADILLA DAY XTRA CHEDDAR CHEESE TORTILLA SLICED APRICOTS GREEN PEAS *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEDDAR CHEESE CUBES CRANBERRIES WATER	PASTA SALAD CHERRY TOMATOES WATER	PIMENTO CHEESE CLUB CRACKERS WATER	CAULIFLOWER TREES YOGURT DIP WATER	SALTINE CRACKERS CHICKEN NOODLE SOUP WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/28/2026	Tuesday 9/29/2026	Wednesday 9/30/2026		
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FROSTED MINI WHEATS BLACKBERRIES *MILK	SAUSAGE BISCUIT GRAPEFRUIT SMILES *MILK	CACFP WAFFLE WEDNESDAY WAFFLE TRIANGLES SLICED PEACHES *MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BREAKFAST FOR LUNCH TURKEY SAUSAGE PATTY (CN) SCRAMBELED EGGS MIXED BERRIES TATER TOTS *MILK	BBQ BEEF MEATBALLS BROWN RICE WATERMELON CHUNKS SAUTEED ASPARAGUS *MILK	CHICKEN ALFREDO NOODLES GROOVY GRAPES SAUTEED BROCCOLI *MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ROASTED CHICKPEAS SLICED NECTARIES WATER	KIX CEREAL ORANGE SMILES	HAM ROLL-UPS FRUIT COCKTAIL WATER		
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				