



		Tuesday 9/1/2026	Wednesday 9/2/2026	Thursday 9/3/2026	Friday 9/4/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		BREAKFAST BOWL SCRAMBELED EGGS SEASONED POTATOES *MILK	NATIONAL GRITS DAY GRITS SLICED PEACHES *MILK	FRENCH TOAST STICKS GRAPEFRUIT SMILES *MILK	FRUIT PIZZA ENGLISH MUFFIN (LINK) ENGLISH MUFFIN SLICED STRAWBERRIES CHEX CEREAL *MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		TURKEY MEATBALLS SPAGHETTI APRICOT HALVES GREEN BEANS *MILK	CHICKEN SALAD SANDWICH CROISSANT SLICED KIWI BABY CARROTS * MILK	BAKED FISH FILLET CORNBREAD COLLARD GREENS SWEET PEAS *MILK	SHEET PAN CHICKEN FAJITAS CHICKEN BREASTS TORTILLAS BLACKBERRIES BELL PEPPERS *MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS		OYSTER CRACKERS SPLIT PEA SOUP WATER	CHEESE CRACKERS CELERY STICKS WATER	APPLE CINNAMON CRUNCH BURRITO (LINK) TORTILLA CHOPPED APPLES PEANUT/WOW/SOY BUTTER WATER	FRUIT & VEGGIE CUPS CUCUMBER STICKS PINEAPPLE STICKS WATER
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		NATIONAL TOFU DAY SESAME TOFU BROWN RICE ORANGE SLICES SAUTEED BROCCOLI * MILK	XTRA CHEESE PIZZA PIZZA CRUST HONEYDEW MELON CHUNKS TOSSED SALAD *MILK	BEEF POT ROAST WHITE RICE CORN ON THE COB CREAMED SPINACH *MILK	HONEY BAKED HAM GARLIC KNOT WATERMELON CHUNKS ROASTED BRUSSELS SPROUTS * MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/7/2026	Tuesday 9/8/2026	Wednesday 9/9/2026	Thursday 9/10/2026	Friday 9/11/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CACFP MUFFIN MONDAY BLUEBERRY MUFFIN HASHBROWNS 	MAPLE OATMEAL CINNAMON APPLES *MILK	FRENCH TOAST SQUARES (LINK) WHEAT BREAD SLICED MANGO *MILK	WAFFLE STICKS MANDARINS *MILK	CHICKEN BISCUIT WATERMELON CHUNKS *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BLACK BEAN BURGER HAMBURGER BUN WATERMELON TRIANGLE COLESLAW *MILK	CHICKEN NUGGETS BREADSTICK GROOVY GRAPES PEAS & CARROTS *MILK	ROAST BEEF & SWISS SUB SUB ROLL SLICED PEARS MIXED VEGETABLES * MILK	TERIYAKI CHICKEN FRIED RICE SLICED PAPAYA GARLIC BROCCOLI *MILK	SHRIMP TACOS CORN TORTILLA BLACKBERRIES PICO DE GALLO *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ANIMAL CRACKERS SLICED PLUMS WATER	BISCUIT PIZZA (LINK) FLAKY BISCUITS MOZZARELLA STICKS MINI PEPPERONI WATER	SUN CHIPS BLUEBERRIES WATER	NATIONAL ANTS ON A LOG PEANUT/WOW/SOY BUTTER CELERY STICKS RAISINS WATER	SALTINE CRACKERS VEGETABLE SOUP WATER
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SPAGHETTI SPAGHETTI NOODLES SLICED KIWI ROASTED EGGPLANT * MILK	BBQ PORK SLIDERS HAWAIIAN ROLL BAKED BEANS ROASTED YELLOW SQUASH *MILK	FISH STICKS CORNBREAD FRUIT COCKTAIL CREAMED CORN * MILK	SALISBURY STEAK DINNER ROLL PINEAPPLE RINGS MASHED POTATOES *MILK	CHEESY TUNA MELT (LINK) TUNA WHEAT BREAD KIWI SLICES CREAMED SPINACH * MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					



	Monday 9/14/2026	Tuesday 9/15/2026	Wednesday 9/16/2026	Thursday 9/17/2026	Friday 9/18/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	KIX CEREAL RASPBERRIES *MILK ☐ Whole Grain	CREAM OF WHEAT PEAR HALVES *MILK ☐ Whole Grain	NATIONAL CINNAMON RAISIN BREAD DAY CINNAMON RAISIN TOAST BLUEBERRIES *MILK ☐ Whole Grain	BOILED EGGS GRAPEFRUIT SMILES *MILK ☐ Whole Grain	BUTTERED ENGLISH MUFFIN APRICOT HALVES *MILK ☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL EAT A HOAGIE DAY TURKEY & CHEESE HOAGIE ROLL PINEAPPLE RINGS GREEN BEANS *MILK ☐ Whole Grain	POPCORN CHICKEN HAWAIIAN ROLL SLICED STRAWBERRIES FRENCH FRIES *MILK ☐ Whole Grain	BEAN & CHEESE BURRITO TORTILLA GROOVY GRAPES ROASTED BELL PEPPERS * MILK ☐ Whole Grain	CUBED HAM MACARONI & CHEESE SLICED PEACHES PARMESAN ZUCCHINI "CHIPS" (LINK) *MILK ☐ Whole Grain	NATIONAL CHEESEBURGER DAY BEEF CHEESEBUGER HAMBURGER BUN ORANGE SMILES (SLICES) STEAMED BROCCOLI *MILK Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PEACH SMOOTHIE CHEESE CRACKERS WATER ☐ Whole Grain	RICE CAKE AVOCADO SPREAD CHERRY TOMATOES WATER ☐ Whole Grain	MINI MUFFINS SLICED KIWI WATER ☐ Whole Grain	CAULIFLOWER FLORETS YOGURT DIP WATER ☐ Whole Grain	STRING CHEESE HONEYDEW MELON CHUNKS WATER ☐ Whole Grain
TWO COMPONENTS					
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SHREDDED CHICKEN NACHOS WG TORTILLA CHIPS SLICED PLUMS ZESTY CORN *MILK ☐ Whole Grain	NATIONAL LINGUINE DAY SAUTEED SHRIMP LINGUINE NOODLES ROASTED EGGPLANT CAESAR SALAD * MILK ☐ Whole Grain	GROUND BEEF TACOS HARD TACO SHELL FRUIT COCKTAIL PEAS & CARROTS * MILK ☐ Whole Grain	CHICKEN GUMBO BROWN RICE BLACKBERRIES SAUTEED SPINACH *MILK ☐ Whole Grain	BEEF LO-MEIN LO-MEIN NOODLES SLICED MANGO STIR FRY VEGGIES * MILK ☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/21/2026	Tuesday 9/22/2026	Wednesday 9/23/2026	Thursday 9/24/2026	Friday 9/25/2026
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MINI BAGELS SLICED PLUMS *MILK	CHEERIOS BLACKBERRIES *MILK	GO BANANAS OATMEAL (LINK) OATMEAL SLICED BANANAS *MILK	BIRD'S NEST TOAST WHEAT BREAD EGG SLICED PAPAYA *MILK	CACFP FLAPJACK FRIDAY MINI PANCAKES SLICED KIWI *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN TETRAZZINI (LINK) PENNE NOODLES ROASTED ASPARAGUS SAUTEED CABBAGE *MILK	BEEF & BROCCOLI STIR FRY FRIED RICE FRUIT COCKTAIL SAUTEED BROCCOLI *MILK	CHICKEN SALAD SANDWICH HAWAIIAN ROLLS RASPBERRIES MIXED VEGETABLES * MILK	TERIYAKI PORK LOIN WHITE RICE ROASTED YELLOW SQUASH GREEN BEANS *MILK	NATIONAL QUESADILLA DAY XTRA CHEDDAR CHEESE TORTILLA SLICED APRICOTS GREEN PEAS *MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEDDAR CHEESE CUBES CRANBERRIES WATER	PASTA SALAD CHERRY TOMATOES WATER	PIMENTO CHEESE CLUB CRACKERS WATER	CAULIFLOWER TREES YOGURT DIP WATER	SALTINE CRACKERS CHICKEN NOODLE SOUP WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN NUGGETS BREADSTICK MIXED BERRIES CELERY STICKS *MILK	SALMON PATTIES (LINK) SALMON MACARONI NOODLES GROOVY GRAPES PEAS & CARROTS * MILK	BEEF MEATLOAF GARLIC BREAD PINEAPPLE RINGS LIMA BEANS * MILK	HOT HAM & CHEESE CROISSANT ORANGE SMILES (SLICES) MIXED VEGETABLES *MILK	ROTISSERIE CHICKEN HAWAIIAN ROLL SLICED PEARS STEAMED ZUCCHINI * MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/28/2026	Tuesday 9/29/2026	Wednesday 9/30/2026		
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FROSTED MINI WHEATS BLACKBERRIES *MILK	SAUSAGE BISCUIT GRAPEFRUIT SMILES *MILK	CACFP WAFFLE WEDNESDAY WAFFLE TRIANGLES SLICED PEACHES *MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BREAKFAST FOR LUNCH TURKEY SAUSAGE PATTY (CN) SCRAMBELED EGGS MIXED BERRIES TATER TOTS *MILK	BBQ BEEF MEATBALLS BROWN RICE WATERMELON CHUNKS SAUTEED ASPARAGUS *MILK	CHICKEN ALFREDO NOODLES GROOVY GRAPES SAUTEED BROCCOLI *MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ROASTED CHICKPEAS SLICED NECTARIES WATER	KIX CEREAL ORANGE SMILES	HAM ROLL-UPS FRUIT COCKTAIL WATER		
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND TURKEY SLOPPY JOE HAMBURGER BUN FRENCH FRIES BAKED BEANS *MILK	PORK CHOPS TEXAS TOAST RASPBERRIES BAKED ACORN SQUASH (LINK) *MILK	BAKED SHRIMP GRITS SLICED MANGOES COLLARD GREENS *MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				