



		Tuesday 9/1/2026	Wednesday 9/2/2026	Thursday 9/3/2026	Friday 9/4/2026
LUNCH					
Meat/Meat Alternate		TURKEY MEATBALLS	CHICKEN SALAD SANDWICH	BAKED FISH FILLET	SHEET PAN CHICKEN FAJITAS
Whole Grain/Grain Alternate		SPAGHETTI	CROISSANT	CORNBREAD	CHICKEN BREASTS
Vegetable or Fruit		APRICOT HALVES	SLICED KIWI	COLLARD GREENS	TORTILLAS
Vegetable		GREEN BEANS	BABY CARROTS	SWEET PEAS	BLACKBERRIES
Fluid Milk		*MILK	* MILK	*MILK	*MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate		OYSTER CRACKERS	CHEESE CRACKERS	APPLE CINNAMON CRUNCH BURRITO (LINK)	FRUIT & VEGGIE CUPS
Whole Grain/Grain Alternate		SPLIT PEA SOUP	CELERY STICKS	TORTILLA	CUCUMBER STICKS
Vegetable or Fruit				CHOPPED APPLES	PINEAPPLE STICKS
Fluid Milk		WATER	WATER	PEANUT/WOW/SOY BUTTER	WATER
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
TWO COMPONENTS					
DINNER		NATIONAL TOFU DAY			
Meat/Meat Alternate		SESAME TOFU	XTRA CHEESE PIZZA	BEEF POT ROAST	HONEY BAKED HAM
Whole Grain/Grain Alternate		BROWN RICE	PIZZA CRUST	WHITE RICE	GARLIC KNOT
Vegetable or Fruit		ORANGE SLICES	HONEYDEW MELON CHUNKS	CORN ON THE COB	WATERMELON CHUNKS
Vegetable		SAUTEED BROCCOLI	TOSSED SALAD	CREAMED SPINACH	ROASTED BRUSSELS SPROUTS
Fluid Milk		* MILK	*MILK	*MILK	* MILK
	☐	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/7/2026	Tuesday 9/8/2026	Wednesday 9/9/2026	Thursday 9/10/2026	Friday 9/11/2026
LUNCH					
Meat/Meat Alternate	BLACK BEAN BURGER	CHICKEN NUGGETS	ROAST BEEF & SWISS SUB	TERIYAKI CHICKEN	SHRIMP TACOS
Whole Grain/Grain Alternate	HAMBURGER BUN	BREADSTICK	SUB ROLL	FRIED RICE	CORN TORTILLA
Vegetable or Fruit	WATERMELON TRIANGLE	GROOVY GRAPES	SLICED PEARS	SLICED PAPAYA	BLACKBERRIES
Vegetable	COLESLAW	PEAS & CARROTS	MIXED VEGETABLES	GARLIC BROCCOLI	PICO DE GALLO
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate	ANIMAL CRACKERS	BISCUIT PIZZA (LINK)	SUN CHIPS	NATIONAL ANTS ON A LOG	SALTINE CRACKERS
Whole Grain/Grain Alternate	SLICED PLUMS	FLAKY BISCUITS	BLUEBERRIES	PEANUT/WOW/SOY BUTTER	VEGETABLE SOUP
Vegetable or Fruit		MOZZARELLA STICKS		CELERY STICKS	
Fluid Milk	WATER	MINI PEPPERONI	WATER	RAISINS	WATER
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
TWO COMPONENTS					
DINNER					
Meat/Meat Alternate	BEEF SPAGHETTI	BBQ PORK SLIDERS	FISH STICKS	SALISBURY STEAK	CHEESY TUNA MELT (LINK)
Whole Grain/Grain Alternate	SPAGHETTI NOODLES	HAWAIIAN ROLL	CORNBREAD	DINNER ROLL	TUNA
Vegetable or Fruit	SLICED KIWI	BAKED BEANS	FRUIT COCKTAIL	PINEAPPLE RINGS	WHEAT BREAD
Vegetable	ROASTED EGGPLANT	ROASTED YELLOW SQUASH	CREAMED CORN	MASHED POTATOES	KIWI SLICES
Fluid Milk	* MILK	*MILK	* MILK	*MILK	CREAMED SPINACH
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/14/2026	Tuesday 9/15/2026	Wednesday 9/16/2026	Thursday 9/17/2026	Friday 9/18/2026
LUNCH	NATIONAL EAT A HOAGIE DAY				NATIONAL CHEESEBURGER DAY
Meat/Meat Alternate	TURKEY & CHEESE	POPCORN CHICKEN	BEAN & CHEESE BURRITO	CUBED HAM	BEEF CHEESEBUGER
Whole Grain/Grain Alternate	HOAGIE ROLL	HAWAIIAN ROLL	TORTILLA	MACARONI & CHEESE	HAMBURGER BUN
Vegetable or Fruit	PINEAPPLE RINGS	SLICED STRAWBERRIES	GROOVY GRAPES	SLICED PEACHES	ORANGE SMILES (SLICES)
Vegetable	GREEN BEANS	FRENCH FRIES	ROASTED BELL PEPPERS	PARMESAN ZUCCHINI "CHIPS" (LINK)	STEAMED BROCCOLI
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	Whole Grain
PM SNACK					
Meat/Meat Alternate	PEACH SMOOTHIE	RICE CAKE	MINI MUFFINS	CAULIFLOWER FLORETS	STRING CHEESE
Whole Grain/Grain Alternate	CHEESE CRACKERS	AVOCADO SPREAD	SLICED KIWI	YOGURT DIP	HONEYDEW MELON CHUNKS
Vegetable or Fruit		CHERRY TOMATOES			
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER		NATIONAL LINGUINE DAY			
Meat/Meat Alternate	SHREDDED CHICKEN NACHOS	SAUTEED SHRIMP	GROUND BEEF TACOS	CHICKEN GUMBO	BEEF LO-MEIN
Whole Grain/Grain Alternate	WG TORTILLA CHIPS	LINGUINE NOODLES	HARD TACO SHELL	BROWN RICE	LO-MEIN NOODLES
Vegetable or Fruit	SLICED PLUMS	ROASTED EGGPLANT	FRUIT COCKTAIL	BLACKBERRIES	SLICED MANGO
Vegetable	ZESTY CORN	CAESAR SALAD	PEAS & CARROTS	SAUTEED SPINACH	STIR FRY VEGGIES
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/21/2026	Tuesday 9/22/2026	Wednesday 9/23/2026	Thursday 9/24/2026	Friday 9/25/2026
LUNCH					NATIONAL QUESADILLA DAY
Meat/Meat Alternate	CHICKEN TETRAZZINI (LINK)	BEEF & BROCCOLI STIR FRY	CHICKEN SALAD SANDWICH	TERIYAKI PORK LOIN	XTRA CHEDDAR CHEESE
Whole Grain/Grain Alternate	PENNE NOODLES	FRIED RICE	HAWAIIAN ROLLS	WHITE RICE	TORTILLA
Vegetable or Fruit	ROASTED ASPARAGUS	FRUIT COCKTAIL	RASPBERRIES	ROASTED YELLOW SQUASH	SLICED APRICOTS
Vegetable	SAUTEED CABBAGE	SAUTEED BROCCOLI	MIXED VEGETABLES	GREEN BEANS	GREEN PEAS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate	CHEDDAR CHEESE CUBES	PASTA SALAD	PIMENTO CHEESE	CAULIFLOWER TREES	SALTINE CRACKERS
Whole Grain/Grain Alternate	CRANBERRIES	CHERRY TOMATOES	CLUB CRACKERS	YOGURT DIP	CHICKEN NOODLE SOUP
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER					
Meat/Meat Alternate	CHICKEN NUGGETS	SALMON PATTIES (LINK)	BEEF MEATLOAF	HOT HAM & CHEESE	ROTISSERIE CHICKEN
Whole Grain/Grain Alternate	BREADSTICK	SALMON	GARLIC BREAD	CROISSANT	HAWAIIAN ROLL
Vegetable or Fruit	MIXED BERRIES	MACARONI NOODLES	PINEAPPLE RINGS	ORANGE SMILES (SLICES)	SLICED PEARS
Vegetable	CELERY STICKS	GROOVY GRAPES	LIMA BEANS	MIXED VEGETABLES	STEAMED ZUCCHINI
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 9/28/2026	Tuesday 9/29/2026	Wednesday 9/30/2026		
LUNCH	BREAKFAST FOR LUNCH				
Meat/Meat Alternate	TURKEY SAUSAGE PATTY (CN)	BBQ BEEF MEATBALLS	CHICKEN ALFREDO		
Whole Grain/Grain Alternate	SCRAMBELED EGGS	BROWN RICE	NOODLES		
Vegetable or Fruit	MIXED BERRIES	WATERMELON CHUNKS	GROOVY GRAPES		
Vegetable	TATER TOTS	SAUTEED ASPARAGUS	SAUTEED BROCCOLI		
Fluid Milk	*MILK	*MILK	*MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
PM SNACK					
Meat/Meat Alternate	ROASTED CHICKPEAS	KIX CEREAL	HAM ROLL-UPS		
Whole Grain/Grain Alternate	SLICED NECTARIES	ORANGE SMILES	FRUIT COCKTAIL		
Vegetable or Fruit					
Fluid Milk	WATER		WATER		
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
DINNER					
Meat/Meat Alternate	GROUND TURKEY SLOPPY JOE	PORK CHOPS	BAKED SHRIMP		
Whole Grain/Grain Alternate	HAMBURGER BUN	TEXAS TOAST	GRITS		
Vegetable or Fruit	FRENCH FRIES	RASPBERRIES	SLICED MANGOES		
Vegetable	BAKED BEANS	BAKED ACORN SQUASH (LINK)	COLLARD GREENS		
Fluid Milk	*MILK	*MILK	*MILK		
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐	☐
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					